

Packing Guidelines

1. Personal gear should be packed in a cloth, nylon, or other durable suitcases (small/medium) or duffel bag, tagged with the student's name on the outside. This suitcase or bag will be stored in the bus luggage compartment and will NOT be accessible during the trip to and from LEC. A student is also encouraged to bring along a small backpack or shoulder bag with reading material, travel games, sweat shirt, etc. on the bus. **Please do not bring any snacks on the bus or to the camp.**
2. **Each** personal item should be **labeled** with your child's name **in ink**.
3. All electronics; including ipods, headsets, gameboys and cell phones are prohibited. Any electronic device that is discovered while be confiscated until the end of the trip when it will be returned to the student upon the return home.
4. **LEC does not allow hair dryers or curling irons.**
5. LEC does not allow gum, pop, or snacks in the cabins. A snack is provided before bedtime, and water is available throughout the day.
6. Showers are provided at LEC. Students need to bring their own **toiletries, towels, etc.**
7. Students are encouraged to bring a **camera**. Please be sure to send film, batteries, and show your child how to use your camera. A disposable camera or two may be a good idea!
8. Since most activities are outdoors, **two or three pairs of shoes** (one waterproof) are recommended.
9. Cabins are heated. However, a good **sleeping bag** is needed. A **pillow** is optional, but definitely more comfortable! Bunks with foam mattresses are provided.

Packing Guidelines Continued...

10. Other items should include: **underclothes, two shirts, two or three pairs of jeans or pants, many pairs of socks, (two per day and one pair of wool), cap, pajamas, rain gear or a rain poncho, jacket, sweater, vest, or combination. A flashlight and water bottle. A book and book light** for kids who might have a hard time falling asleep.
11. A winter jacket, hat and gloves are **strongly recommended**.
12. Your child will not need any cash or spending money on the trip. You may send a check made out to Laurentian if your child would like to purchase a sweatshirt, tee-shirt, mug, etc. from LEC.