



Dear Irondale Parents/Guardians and Athletes:

I am very excited that your son and/or daughter is interested in Irondale Athletics. This letter clarifies what must be completed before the first day of practice. The attached forms are filled out once each school year.

It has been mandated by our school board that all students who are going out for a sport in the Mounds View School District must attend a meeting on alcohol and drug awareness. One or both parents/guardians must attend with the athlete. This meeting will be part of a team meeting held at the beginning of each sports season.

According to the Minnesota State High School League rules, NO ONE IS ALLOWED TO PRACTICE OR PLAY UNTIL THE FOLLOWING OBLIGATIONS ARE MET:

- 1. Sign and return the gold Irondale High School Eligibility Form (requires signature from both athlete and parent/guardian).**
- 2. Sign and return the gold Minnesota State High School League Athletic Eligibility Statement. The MSHSL Annual Health Questionnaire Form must also be completed and signed. Both forms require a signature from athlete and parent/guardian.**
- 3. A physical exam by a doctor is required every three years. The physical on file must be good for the entire school year. The physical form requires signatures from the doctor, parent/guardian and athlete. We maintain a record of current physical exams for athletes who have participated in sports at Irondale. Forms are available online or in the Activities Office if you do not have a valid physical on file.**
- 4. The registration fee for your sport must be paid before you begin practice. There will be an additional \$25 equipment fee due at the time of registration. Athletes will be expected to follow the guidelines set by the coach. This fee will be returned at the end of the season if all equipment/uniforms are turned in on time. Failure to turn in assigned items will result in the forfeiting of the equipment fee and the athlete will be liable for the cost of replacing items that are not returned. These two checks should be made payable to Irondale High School. If you qualify for the free or reduced lunch program, the athletic fee is waived. It is necessary to reapply for this benefit each school year. The release form to waive participation fees (green) must be completed to allow Nutrition Services to release eligibility information to the Irondale Athletic Office. If eligibility is denied, the athlete or parent/guardian must make payment.**
- 5. The Mounds View School District does not provide athletic insurance nor does it recommend any insurance carriers who might cover athletes. The responsibility for insurance lies with the individual families.**
- 6. Any transfer student must meet with Mr. Broberg, Director of Student Activities, before they are eligible to compete. Mr. Broberg can be reached at 651-621-6821. This does not apply to students entering 9th grade provided they start on the 1st day of school.**

2009-10 starting practice dates and fees for all sports are as follows:

SPORT	Practice Start Date:	Registration Fee (All Grades)
FALL		
Boys & Girls Cross Country	8-17-09	190.00
Football	8-17-09	240.00
Boys & Girls Soccer	8-17-09	190.00
Girls Swimming	8-17-09	190.00
Girls Tennis	8-17-09	190.00
Girls Volleyball	8-17-09	190.00
WINTER		
Boys & Girls Alpine Skiing	11-09-09	190.00
Boys Basketball	11-23-09	230.00
Girls Basketball	11-16-09	230.00
Girls Dance Team	10-19-09	190.00
Girls Gymnastics	11-16-09	190.00
Boys Hockey	11-16-09	330.00
Girls Hockey	11-02-09	330.00
Boys & Girls Nordic Skiing	11-09-09	190.00
Boys Swimming	11-30-09	190.00
Wrestling	11-23-09	190.00
SPRING		
Baseball	3-22-10	190.00
Boys & Girls Golf	3-15-10	190.00
Boys Lacrosse	3-29-10	190.00
Girls Lacrosse	3-29-10	190.00
Softball	3-15-10	190.00
Boys Tennis	3-29-10	190.00
Boys & Girls Track	3-15-10	190.00

The maximum amount of co-curricular fees a family will pay is \$700.00.

Once all obligations are met, you will receive a yellow eligibility slip from the Athletic Office. Present this slip to the coach at the start of your first practice. **YOU MAY NOT PRACTICE BEFORE YOU HAND IN THE YELLOW SLIP.**

Sincerely,



Ron Broberg
Activities Director