

PLEASE JOIN US FOR A COMPLIMENTARY EDUCATIONAL

Community Night

November 17, 2011

6:15 – 6:30 p.m. Check-in & Refreshments | 6:30 – 8:00 p.m. Presentation



Mean Girls and Boys: What Parents & Kids Can Do to Stop Bullying

The sad truth is that mean girl and boy behaviors are rampant in our children's Elementary, Middle, and High Schools. Kids are calling each other names, deliberately excluding some kids from belonging, making up rumors about each other and sending nasty texts. Estimates are that half of all school children experience the stress and anxiety that results from bullying. Many more experience the pain of emotional aggression.

What can parents do? The key is to empower your children by teaching them specific strategies for how to cope and conquer the bully.

In this class you'll learn 14 practical, step-by-step strategies for empowering your children and working with others to stop some of this hurtful behavior.

DISCUSSION TOPIC

Location:

Northwest Youth & Family Services Discovery Center
3490 Lexington Ave N, Suite 205, Shoreview, MN 55126

Refreshments and child care provided (pre-registration required). Food shelf donations are appreciated.

Instructor:

Toni Schutta is a National Speaker, Author, Parent Coach and a Licensed Psychologist with a Master's Degree in Psychology. She's the president of Families First Coaching, an organization devoted to providing parents with practical information, easy-to-use tools and helpful resources that will empower parents and strengthen families.

Presented by:



Soup it Up
for Kids

In Collaboration With:



Roseville Area Schools
Quality Teaching & Learning for All
...Equity in All We Do

REGISTRATION

Register online at www.surveymonkey.com/s/soupitupforkids, call Lisa at 651-293-5330 or return this form.

First/Last Name _____

Email _____

Address _____

Phone _____

Organization/School District _____

Ages/# of Children _____ Childcare? Yes / No

Return completed registration form to: Working Family Resource Center, Attn: Lisa, 325 Cedar Street, Suite 250, Saint Paul, MN 55101