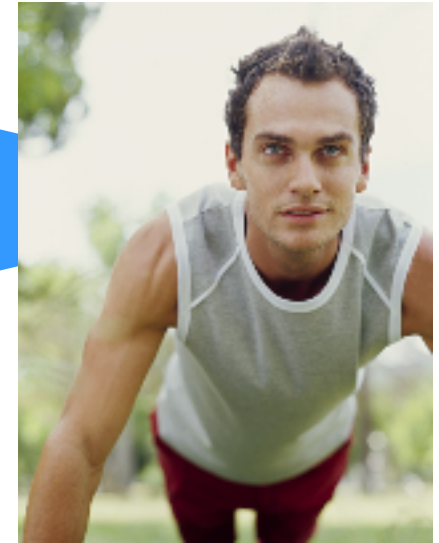


# January 2010



## Mounds View Schools

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12 Fitness Training</b>	<b>13</b>	<b>14 Fitness Training</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19 Fitness Training</b>	<b>20</b>	<b>21 Fitness Training</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26 Fitness Training</b>	<b>27</b>	<b>28 Fitness Training</b>	<b>29</b>	<b>30</b>
<b>31</b>						

Fitness Training meets every Tuesday/Thursday from 2:50–3:50 pm.

All days will be held on-site at your home school.

Dress in comfortable clothes and tennis shoes.

# February 2010

## Mounds View Schools

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b>	<b>2</b> <b>Fitness Training</b>	<b>3</b>	<b>4</b> <b>Fitness Training</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> <b>Fitness Training</b>	<b>10</b>	<b>11</b> <b>Fitness Training</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b> <b>Fitness Training</b>	<b>17</b>	<b>18</b> <b>Fitness Training</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b> <b>Fitness Training</b>	<b>24</b>	<b>25</b> <b>Fitness Training</b>	<b>26</b>	<b>27</b>
<b>28</b>						



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