



# Turtle Tales

THE NEWSLETTER OF TURTLE LAKE ELEMENTARY SCHOOL No. 15, 07-08

## CALENDAR

### May 5-May 9

#### Monday, May 5

Star Lab (Gr. 1-5)  
7:50 a.m. 5th Grade Orchestra  
9:30-3:00 4th & 5th Grade Orchestra Tour



#### Tuesday, May 6

Star Lab (Gr. 1-5)  
Third Grade Orchestra Recruiting  
7:45 a.m. African Music Ensemble  
7:50 a.m. 4th Grade Orchestra  
9:15 a.m. PTA Executive Board Meeting  
10:45-12:45 Grade 4 (Leiser) Meals on Wheels  
7:00 p.m. Turtle Lake Band Concert

#### Wednesday, May 7

Star Lab (Gr. 1-5)  
Zoo Mobile for Grade 1-All Day  
7:45 a.m. 5th Grade Band  
7:45 a.m. 4th Grade Choir  
Track Meet at Valentine Hills!



#### Thursday, May 8

Star Lab (Gr. 1-5)  
7:45 a.m. 5th Grade Choir  
7:00 p.m. Spring Choir and African Music Ensemble Concert at Chippewa



#### Friday, May 9

Star Lab (Gr. 1-5)  
7:45 a.m. Chess Club, LMC  
7:50 a.m. Student Council, Rm 400

## DATES TO NOTE

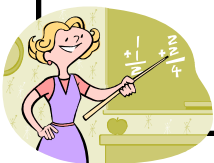
### Monday, May 26 & Tuesday, May 27

No School—Memorial Day &  
Elementary Transition Day



### Wednesday, August 27

Meet Your Teacher, Find Your Room



## Principal Perspectives by Craig Sundberg

As you may recall, during my first year here I introduced you to a book entitled, Too Much of a Good Thing by Dan Kindlon. I chronicled some excerpts and relevant information which many of you reported finding helpful.

The essence of the book focused on what research said about us, the parents, giving our children too much and then expecting too little in return. It was with good intentions that discovered that we emotionally indulged our children too much as well.

I will be previewing a new book with you next year entitled The Price of Privilege. I believe the message of the book is timely and we will discover together some insights again about parenting in the age of indulgence. We will take a look at what our children most need to learn managing emotions and impulses, forming healthy relationships, thinking for themselves, and becoming useful, well-adjusted young people.

We know we are seeing epidemic rates of depression, anxiety disorders, and substance abuse with our “privileged” young people. In fact the rates among this socio-economic group are much higher than others across our nation. We will explore thoughtful, practical advice from author Madeline Levine as she identifies parenting practices that are toxic to healthy self development and that contribute in part to these epidemic levels previously mentioned. I look forward to sharing with you from this book next fall.

## THEME OF THE WEEK

### Be Loyal to Your Family, School, Town, and Country

- People in those groups count on you to stand up for what is right and true.
- Be grateful for the freedom and opportunities your country give you.
- Be generous with your effort and your time by helping others in your family, your school, and your neighborhood.



## QUOTE OF THE WEEK

“You can’t build a reputation on what you are going to do.”  
— Henry Ford

# CALENDAR

May 12-May 16

## Monday, May 12

No AM Kindergarten  
 7:50 a.m. 5<sup>th</sup> Grade Orchestra  
 9:00-12:00 Grade 4 Field Trip to Bodyology Program @ St. Kate's  
 9:30-2:30 Kindergarten (Kreidler, Voss PM) Como Zoo  
 2:30-6:30 p.m. Marrow Donor Drive in Honor of Kay Trapp, Turtle Hall

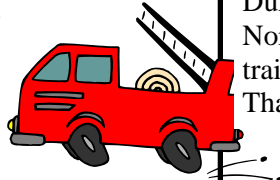


## Tuesday, May 13

7:45 a.m. African Music Ensemble  
 7:50 a.m. 4th Grade Orchestra  
 8:50-3:10 Grade 5 (Coyle, Wallin/Peterson) Nature Center  
 9:00-2:30 Bus Patrol Picnic  
 9:30-2:30 Kindergarten (Norgren, Friendt) Como Zoo  
 2:15-3:10 Grade 3 (Arrell) Lake Johanna Fire Department

## Wednesday, May 14

No PM Kindergarten  
 7:45 a.m. 5th Grade Band  
 7:45 a.m. 4th Grade Choir  
 8:50-3:10 Grade 5 (Desmond, Kjellberg) Nature Center  
 9:30-2:30 Kindergarten (Voss AM, Sabby AM) Como Zoo  
 Track Meet at Turtle Lake!



## Thursday, May 15

7:45-8:30 Volunteer Breakfast  
 7:45 a.m. 5th Grade Choir  
 8:50-3:10 Grade 5 (Vanderport) Nature Center  
 10:30 a.m. Grade 2 to Children's Theater



## Friday, May 16

4th & 5th Grade Choir & African Music Ensemble Recording Session  
 7:45 a.m. Chess Club, LMC  
 10:00 a.m. Grade 3 to Youth Performance Company for "Honk"



## QUOTE OF THE WEEK

*"To accomplish great things, we must not only act, but also dream; not only plan, but also believe."* —Anatole France

## Student Council News:

### Culver's Nights

Thank you to everyone who came out for Turtle Lake's Culver's Nights on April 14th & 21st. We raised \$700.00 and had a great time serving friends and families of Turtle Lake. Thanks to Culver's of Vadnais Heights for giving us the opportunity to hold this fantastic fundraiser!



### Pop Tops for Puppy Love

Keep collecting "Pop Tops for Puppy Love". Only a few more weeks to bring them in so keep collecting!

### Book Collection

During the April Book Fair, over 900 books were collected for Northwest Youth and Family Services. NYFC provides programs and training for students and families in the Mounds View School District. Thank you to everyone who purchased and donated books!

### Penny Pincher's Collection

Are you doing spring cleaning and ready to get rid of stuff? You can bring it to Turtle Lake on Friday, May 23rd. Student Council will help collect household items for Penny Pinchers Thrift Store. Penny Pinchers is a division of Northwest Youth and Family Services that provides youth employment training to students in the Mounds View School District.

On May 23rd bring your items from 8 a.m. until 12 p.m. to the fire station parking lot across from Turtle Lake. Student Council members will help you load your items into the donation truck. Here are a few suggested items; children's toys, dishes, clothes and furniture. Penny Pinchers cannot accept mattresses, computers or televisions. Thank you for your participation!



## THEME OF THE WEEK

### Be a Dependable and Reliable Person

- Be a person who others can count on. Tell the truth and treat others with respect. Always keep your word. When you say you are going to do something, do it!
- Get our work done carefully and on time.
- Feel good about yourself when you are dependable and reliable.

## ABOUT OUR SCHOOL

### Respect, Responsibility, and the Right to Learn!

#### Turtle Lake Elementary School

1141 Lepak Court  
Shoreview, MN 55126  
Craig Sundberg, Principal  
Darin Johnson, Student Services Assistant

#### School Hours

School day begins at 8:50 a.m.  
Students enter building at 8:35 a.m.  
Kdgn a.m. session: 8:50-11:30 a.m.  
Kdgn p.m. session: 12:40-3:20 p.m.  
School dismisses at 3:20 p.m.  
Early release days dismiss at 11:50 a.m.

#### Office Hours

8:00 a.m.-4:00 p.m.

#### Important Phone Numbers

Office.....651-484-2150  
FAX.....651-639-6183  
Voicemail.....651-639-6209  
Attendance.....651-636-3656 ext. 3199

#### E-Mail

firstname.lastname@moundsvIEWSchools.org

#### District Website

www.moundsvIEWSchools.org

#### Turtle Lake Website

www.moundsvIEWSchools.org/turtlelake

## ABOUT OUR SCHOOL

*Turtle Tales* is published semimonthly. Past volumes are available on our school's website:

www.moundsvIEWSchools.org/turtlelake.

Copy deadline for issue No. 16'07-'08

.....Monday, May 12

Publication date for issue No. 16 '07-'08

.....Friday, May 16

Items for submission may be e-mailed to Michelle.Morse@ moundsvIEWSchools.org or brought to the office.



## Track Information

### Practices (3:30-4:30):

Grade 4: April 29, 30, May 1, 6, 8, 13, 15, 20

Grade 5: April 29, 30, May 1, 6, 8, 13, 15, 20, 22

### Meets:

Grade 4: May 7, 3:15-5:30, Valentine Hills  
May 14, 3:15-5:30, Turtle Lake  
May 21, 1:15-???, Turtle Lake

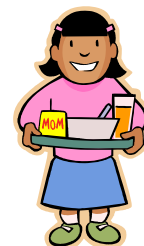
Grade 5: May 7, 3:15-5:30, Valentine Hills  
May 14, 3:15-5:30, Turtle Lake  
May 21, 1:15-???, Turtle Lake  
May 28, 1:15-???, Irondale



Practices and meets will be canceled in the event of inclement weather. Cancellation decisions will be made in advance whenever possible and students will be expected to go home in their usual manner. Please call 651-636-3656, ext. 3190 with any track questions.

## Lunch Account Reminder

Beginning May 16th students must have enough money in their accounts to cover their lunch each day. After May 16th, students will not be allowed to have a negative balance. If there is not enough money in your child's account, they will receive a cheese sandwich and milk. We will be taking deposits through the end of the school year. If you have any questions, please call 651-639-6189.



Congratulations to Sarah G. from Mrs. Brooks's class. Sarah will represent Turtle Lake at the Grade 3 District Spelling Bee. Ethan G. from Ms. Arrell's class is the alternate.

## 2008 MV District Spelling Bee Dates

Grade 3--Tuesday, May 13, 4:15 p.m. @ Bel Air LMC

Grade 4--Wednesday, May 14, 4:15 p.m. @ Island Lake LMC

Grade 5--Wednesday, May 14, 6:30 p.m. @ Island Lake LMC



## Volunteer Breakfast



Turtle Lake will be celebrating our "Volunteers Color Our World" breakfast on Thursday, May 15th from 7:45 to 8:30 a.m. in Turtle Hall. If you have volunteered this year, you are cordially invited to attend. We hope to see you there!

## WORD OF THE WEEK

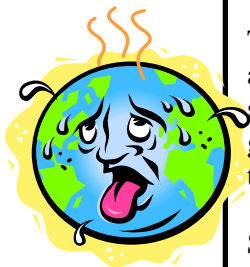
### Word of the Week

#### Week of May 5: Sweltering

**Definition** –extremely and uncomfortably hot

**Book:** *Heat Wave*

**Author/Illustrator:**  
Eileen Spinelli/Betsy Lewin

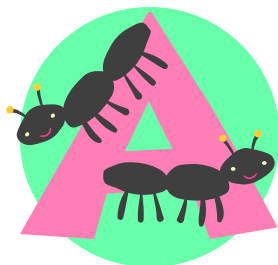


#### Week of May 12th: Twilight

**Definition** –the time after sunset and just before it becomes completely dark at night

**Book:** *Two Bad Ants*

**Author/  
Illustrator:**  
Chris Van  
Allsburg



## PRODUCT COLLECTION NEWS

Congratulations to the second graders in Ms. Sheppard's class! This amazing group brought in over 1600 box tops, milk caps, Campbell's labels, and ink cartridges during the month of April and will celebrate with an ice cream party. Way to go second graders!



## Art News

I hope you had a chance to see the display at Irondale High School this past week. There are 12 works of art by Turtle Lake students along with the work of students in grades K-12 from all the schools in district 621. If you did not get a chance to see it, you can still go there this weekend, take in the Irondale High School play, and look at the art.

There are also hundreds of works of art on display here at Turtle Lake. Next time you are here, take a walk down the specialist hallway, up and down the hallway near the gym, and down the windowed hallway that is between the gym and the lunchroom.

The still life collages of Mrs. Schwanz's class, the weavings of Mrs. Mergen's and Mrs. Haug's class, the landscape collages of Mrs. Reis's class, and the abstract portraits of Mrs. Klugow's class and Mrs. Vesaas's class represent first grade. They learned about artist Paul Klee when they made the abstract portraits. The next artist they will learn about is Marc Chagall.

Second graders have finished clay turtles. The turtle drawings of Ms. Sheppard's class are on display near the gym. They continued to learn about geometric and organic shapes when they learned about artist Henri Matisse. The paper cutouts of Mrs. Christensen's class are in the hallway. Other second grade work includes the oil pastel landscapes of Miss Halvorsen's class and the water and marker pictures of Mrs. Stimpson's class. They learned about Henri Rousseau when they made the landscapes, and they learned about artist Claude Monet when they made the marker drawings.

The tree drawings in the specialist hallway were created by third graders in Mrs. Lyttle's class. They learned about artist Vincent Van Gogh. They have done weaving to introduce fiber art, and the clay "fish dish" introduces them to the slab technique of clay production. The next unit will be about Chinese landscape painting.

Fourth graders in Mrs. Leiser's class and Mrs. Joing's class created the relief collages on display near the gym and in the specialist hallway. They are watercolor paintings done in layers. Students used size, detail, color intensity, placement, and overlap to create an illusion of depth. Other fourth grade units were the clay slab vessel and the tree painting. Currently they are learning about architecture and designing museums.

Fifth graders in Mrs. Desmond's class, Mrs. Coyle's class and Ms. Vanderport's class created the tree paintings in the windowed hallway between the gym and the lunchroom. The objectives of this unit were to create interesting negative spaces, identify and use a color scheme, and to control the color intensity of the watercolor. In the specialist hallway are the horse drawings of Mrs. Wallin and Ms. Peterson's class. Students looked at art about horses from a variety of countries and time periods. The portraits fifth graders are working on now are looking great! Thank you to everyone who helped them get photographs to use as reference.

Come take a look, find one you like by a student you know, and tell that student what you like about it. It is surprising how much positive impact one comment can make. Also, if you have not created any art in awhile, give it a try. It's fun.

Mrs. Nara

## PTA NEWS

The last PTA meeting of the year will be held on Monday, May 19th at 7:00 p.m. in Turtle Hall. At this meeting, we will vote on the executive officers and the 2008-2009 budget.



The PTA is also looking for volunteers to co-chair the following committees: the Carnival, School Spirit, and the Directory.

## LOST & FOUND

The Lost & Found, located outside of the science room, will only be around a bit longer. Please take a moment to inventory your child's belongings to see if they are missing any items. Items not claimed by Friday, May 16th will be donated to charity.



## 621 EDUCATION FOUNDATION FUN RUN



Join school and city officials for the annual 621 Education Foundation Fun Run and walk or run one mile, 1K or 5K to support Mounds View Public Schools. The Fun Run will kick-off with the area Cities' Mayor/Superintendent Race at 1:00 p.m. on May 4, at Long Lake Regional Park in New Brighton. Event proceeds will be used for classroom grants and signature projects in Mounds View Public Schools next school year. For more information and registration details, visit [www.moundsviewschools.org/news.asp](http://www.moundsviewschools.org/news.asp).

## Music Notes

Mark your calendars for these upcoming Spring Music Performances by Turtle Lake 4th and 5th Graders.

Tuesday, May 6

Thursday, May 8



Saturday, May 17



Tuesday, May 20



*Alcott*

Wednesday, May 28

Full Turtle Lake Band and Instrumental Ensembles, 7:00 p.m., Turtle Lake Gym  
The Spring Choir and African Music Ensemble Concert, 7:00 p.m. at Chippewa Middle School. Choir members should meet in the choir room for warm-ups at 6:30 sharp in concert attire. The combined Choirs and African Music Ensemble will perform Sowah Mensah's original composition, *Sii Sii Sii*.

Turtle Lake Choirs and African Music Ensemble will be recording a CD! Members should be in the music room at Turtle Lake at 8:45 a.m. for warm-ups. All choir members and African music Ensemble members should have brought home more extensive information about this event, along with a CD order form. If you have not received this information, please contact Mrs. Crockett.

The entire 5th grade class will be celebrating our American heroes by opening their own Wax Museum and performing a program called "Heroes All," on Tuesday, May 20th. This musical will take place immediately following their Wax Museum, which goes from 6:00-6:40. The musical will be approximately 6:50-7:30. Please help your 5th grader put together a good costume for their character.

Instrument Group Ensemble Pieces for 5th Grade Students at 2:30 p.m. in the Turtle Lake Cafeteria.

## Can You Help This Summer?

The Turtle Lake office is looking for volunteers who can help with Back to School mailings. If you are available to help, please return this form before the last day of school. Bonnie Mitchell will contact volunteers on an as needed basis throughout the summer. Thanks!

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_



## FAQS ABOUT THE BONE MARROW DONOR DRIVE

**Q: How much does it cost?**

A: Usually it costs \$52.00 to join the registry. Most drives require a lot of fundraising and sponsors. However, we are hosting our drive during the national "Thanks, Mom" campaign (May 5-May 19) so there is **NO COST** to you to join the registry!

**Q: Does it hurt?**

A: The drive itself just only consists of filling out some forms and swabbing your own cheek which makes you eligible to donate. Being a match for someone is actually quite rare. These days, 70% of transplants are done through a blood draw and 30% are done through bone marrow extraction. Though everyone has a different response to pain, some who have donated have said that the pain was minimal and they could have returned to work the next day. As a result of their donating, a formerly terminally ill patient is now in complete remission.

**Q: Am I eligible to join the registry?**

A: There are some medical restrictions to joining the registry. A full list of medical guidelines can be found at [www.marrows.org](http://www.marrows.org). Click on "Join" and then click on "Medical Guidelines" on the left. You must be at least 18 and no older than 60.

**Q: How can I help?**

A: We need people to bring refreshments and to spread the word. E-mail Bonnie.Mitchell@moundsvIEWSchools.org if you'd like to donate refreshments. The biggest thing you can do is post fliers everywhere and spread the word! Fliers can be printed off of our website [www.moundsvIEWSchools.org/turtlelake](http://www.moundsvIEWSchools.org/turtlelake)

**Q: Do I have to pre-register?**

A: No! Just show up!

**Q: Why should I join the registry?**

A: Every day, more than 6,000 patients search the registry for a life-saving donor. Only 3 in 10 patients get the transplant that could save their lives. 70% of patients will not find a match within their own family. Join now and save a life!



## See the Declaration of Independence Up Close!



If you believe in the power of words, then visit the Minnesota History Center from May 6 – May 18 to view the Declaration of Independence in person! This original print, made on the night of July 4, 1776 by printer John Dunlap, is the only copy that travels around the country. It is one of the 25 remaining prints produced that evening in Philadelphia. The Declaration of Independence can be viewed at the Minnesota History Center during their operating hours. For more information, go to <http://www.mnhs.org>.

Also on display during these dates will be two original handwritten copies of the Minnesota State Constitution, in honor of the state's sesquicentennial. Celebrate our statehood on May 11<sup>th</sup> with a trip to the Minnesota History Center to view the Declaration of Independence and our State Constitution. While there, mark the occasion by viewing the MN150 exhibit which commemorates 150 people, places, and things truly Minnesotan. For more information on the sesquicentennial celebration, go to <http://www.mn150years.org/>.

## Bone Marrow Donor Drive in honor of Kay Trapp

Monday, May 12th, 2:30-6:30 p.m., Turtle Hall

Turtle Lake is holding a bone marrow donor drive in honor of long-time colleague and school librarian, Kay Trapp. We acknowledge that many of our family members, friends, and community members have been affected by cancer and have been in need of or will be in need of a bone marrow transplant. We hope you will welcome this opportunity to honor those people and to be a part of this life-saving event.

Joining the registry is a simple and painless process. No needles, no blood, just the simple swabbing of the inner cheek a few times, and filling out some forms. Visit [www.marrows.org](http://www.marrows.org) for more information about what it means to join the registry.

Contact Michelle Morse, [michelle.morse@moundsvIEWSchools.org](mailto:michelle.morse@moundsvIEWSchools.org) or 651-484-2150 ext. 3150, if you have any questions.

## A Letter from Turtle Lake Parent on Being a Recipient of a Bone Marrow Transplant

By Karen Lorentz

Ten years ago my son, Bob, was diagnosed with Leukemia. The only chance he had for survival was a bone-marrow transplant. Just a small percentage of people find a match within their family, so we needed to find a match for Bob outside the family and we were successful through the National Marrow Donor Program. Bob's donor had registered as a donor on a college campus 10 years prior to donating. Bob is now 15 years old and doing very well. The NMDP assists in about 10 transplants a day, but the need for bone-marrow transplants is around 30 a day. Please help save a life with a donation for life. A small inconvenience on your part CAN save a life!

## LAURENTIAN CENTER

Mark your calendars and reserve your spot now for the 5<sup>th</sup> grade trip to the Laurentian Environmental Center in the fall!!

**WHAT:** The kids will spend a 4-day week-end with their classmates enjoying science, environmental education, leadership training and outdoor recreation such as canoeing, climbing towers and archery.

**WHEN:** Thursday, October 16 – Sunday, October 19, 2008

**WHERE:** The Laurentian Environmental Center is an accredited residential learning center owned and operated by the Mounds View Public Schools. It is located 14 miles north of Virginia, MN in the Superior National Forest.

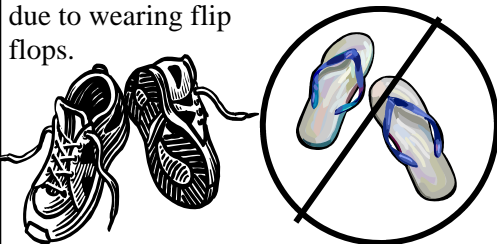
**COST:** \$180.00 includes transportation to Laurentian, food, lodging and all activities.

Extra registration forms are available in the school office. Forms are due May 9, 2008.

For more information, visit the Turtle Lake School website's Upcoming Events at [www.moundsvIEWSchools.org/turtlelake/](http://www.moundsvIEWSchools.org/turtlelake/) or the LEC website at [www.laurentiancenter.com](http://www.laurentiancenter.com).

## PLAYGROUND REMINDER

Parents please remember to send your student to school with a pair of tennis shoes for the playground. Many students are going to the nurse with injured feet due to wearing flip flops.

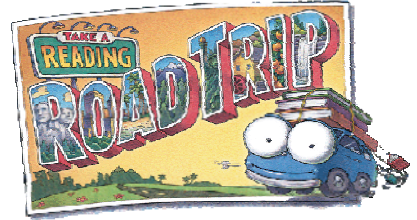


## CHALKBOARD CAPERS

This year's production of Chalkboard Capers will air daily at 4:00 p.m. on Channel 20 from May 1st to May 31st.



## Thanks for coming along on our READING ROADTRIP BOOK FAIR!



Thanks to all of the volunteers, teachers, parents and kids for making this spring's Book Fair so much fun AND another huge success! We sold \$18,845 in books and were able to raise over \$4,700 in books, cash and resources for the Turtle Lake LMC. All of your time, effort and teamwork were greatly appreciated. We truly are...One Great School, One Great Community!

Get ready to experience next fall's **Book Fair Safari** where you can **read, dream and grow with books** – coming to Turtle Hall in November 2008.

### Book Fair Committee:

Lisa Norlinger, Karen Munson, Diane Kuehn, Susan Laske, Susan Stenfros, Jenni Bruess, Ruth Kauls, Quita Bertelsen, Chris Wahlin, Kim Sacay & Michelle Hoemann

### Linder's Gift Certificates

Student Council is sponsoring a fundraising program with Linder's Garden Center and Flower Marts. In addition to earning 15% from the plants and flowers sold to Turtle Lake customers on **May 9th, 10th, 11th, and 12th**, the Student Council is also selling Linder's gift certificates. Turtle Lake will receive 15% of the proceeds from all gift certificates sold. Gift certificates would make a great Mother's Day gift!

Here is how it works:

- \*\* Gift certificates will be pre-sold in denominations of \$10, \$25, or \$50.
- \*\* There is no expiration date and the gift certificates can be used at any Linder's Garden Center or any of the 40+ Flower Marts.
- \*\* Student Council members will be taking orders for gift certificates through April 30<sup>th</sup> using the form below.

Contact Marta McIntyre at (651) 639-6217 or [marta.mcintyre@moundsvIEWSchools.org](mailto:marta.mcintyre@moundsvIEWSchools.org) with any questions.

This is a fantastic way to earn money for Turtle Lake and get your spring flowers and plants.

#### Linder's Gift Certificate Order Form

Number of Gift Certificates Ordered:

Qty \_\_\_\_\_ x \$50 = \_\_\_\_\_

Qty \_\_\_\_\_ x \$25 = \_\_\_\_\_

Qty \_\_\_\_\_ x \$10 = \_\_\_\_\_

Total Due \$ \_\_\_\_\_



Student Name \_\_\_\_\_

Teacher Name \_\_\_\_\_

Parent Name \_\_\_\_\_

Phone Number \_\_\_\_\_

MAKE CHECKS PAYABLE TO  
TURTLE LAKE ELEMENTARY SCHOOL.

To ensure delivery for Mother's Day, orders must be received by  
April 30<sup>th</sup>.  
For all other orders the deadline is May 9<sup>th</sup>.



## **BAND NEWS IS GOOD NEWS!**

**SUMMER BAND DATES: JUNE 16 TO JULY 17**

**Classes offered for 4th or 5th grade beginners**

**And current 5th grade band members**

When you begin to make your summer vacation plans, please keep in mind the summer band program offered for students going into 5th or 6th grade. For students who are currently playing in 5th grade band, **SUMMER BAND** is a full band rehearsal from 11:00– to 12:00 twice per week with an outdoor concert for parents the evening of the last day. The school band teacher has sent home registration forms with current band members. They should be completed and returned to school by May 30th.

### **ATTENTION 4TH GRADE PARENTS**

Starting the summer after 4th or 5th grade your child can begin participating in an activity that continues through 12th grade and into adult life—**THE SCHOOL BAND.**

The summer beginning band instruction program consists of a 45-minute group lesson, Monday through Thursday, for five weeks starting Monday, June 16 through Thursday, July 17. The summer session concludes with an outdoor concert for parents the evening of the last day. Instruction will be offered at several district schools during the summer for all basic band instruments: Trombone, Baritone, Clarinet, Trumpet, French Horn, Flute, Saxophone, and Percussion. Morning, afternoon, and evening times are available for each instrument. If at all possible, **STUDENTS WHO WISH TO PARTICIPATE IN BAND IN 5TH GRADE SHOULD START BEGINNING INSTRUCTION THE SUMMER BEFORE.** When you begin to make your summer plans, please keep in mind the importance of starting band instruction during our summer program.

**Registration for beginning instruction will take place at four evening Band Displays** at which reputable music instrument dealers will also be present to provide instrument rentals for you. You should attend only one of the Band Displays anytime **between 5:00 and 7:00 p.m.** Remaining Band Display dates are:

**Tuesday, May 6 at Highview Middle School**

If you have been unable to attend a band display, please see your school director.

### **A WORD OF CAUTION:**

There has been a recent outbreak in instrument sales from no-music vendors (department store catalogs, discount membership warehouses, on-line purchases, and private party sales). These instruments are often inexpensive and poorly constructed. These instruments generally require frequent repairs that cannot be corrected and we encourage you to stay clear of these options. Reputable music dealers are the best resource for renting or purchasing a band instrument. Please see you school band director if you have questions about purchasing an instrument.



NATIONAL  
MARROW  
DONOR  
PROGRAM®

# thanks **mom**

MARROW DONOR DRIVE



Kay Trapp, the Turtle Lake Elementary School librarian, has always been a storyteller. Now her life story has taken a turn as she has been diagnosed with Leukemia.

## Patients like **KAY** need donors like **YOU**.

On any given day, 6,000 patients search the National Marrow Donor Program Registry for a marrow donor. They are hoping to find a volunteer donor, someone like you, who is willing to help them. Donors with diverse racial or ethnic backgrounds are especially needed.

What better way to say "Thanks, Mom" for giving you the gift of life than by joining the Registry to share that gift with someone else.

# YOU

## can save a life.

**JOIN** the National Marrow Donor Program® Registry.

**MONDAY, MAY 12:**

**2:30 p.m. – 6:30 p.m.**

### **Turtle Lake Elementary School**

1141 Lepak Ct  
(Lexington Ave & County Rd I)  
Shoreview, MN 55126

(651)484-2150  
1 (800) MARROW-2

To learn more and join online visit  
[marrow.org](http://marrow.org)

NATIONAL  
MARROW  
DONOR  
PROGRAM®



















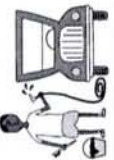


*"The Sun Will Come Out  
To-MARROW!"*



# May 2008 Elementary Fitness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>4</p> <p>Take your family for a hike today. Try walking for one hour together.</p> 	<p>5</p> <p>Do some yoga today! Go to: <a href="http://www.karmakidsyoga.com/poses.htm">http://www.karmakidsyoga.com/poses.htm</a> for some poses.</p>	<p>6</p> <p>Pretend you are a butterfly and fly around the yard from flower to flower.</p> 	<p>7</p> <p>Baseball day! Practice throwing at a target as hard and as far as you can.</p> 	<p>8</p> <p>Practice fielding, throwing and catching with a friend.</p> 	<p>9</p> <p>Gallop around the playground like a pony.</p> 	<p>10</p> <p>Spring cleanup! Rake the yard so the flowers can bloom.</p> 
<p>11</p> <p>What a day to play some soccer with your friends!</p> 	<p>12</p> <p>Jog around the playground during recess today.</p>	<p>13</p> <p>Swing on the swings!</p> 	<p>14</p> <p>Practice bowling on your sidewalk. Use water bottles for pins!</p> 	<p>15</p> <p>Take your bike out and go for a ride.</p> 	<p>16</p> <p>Jump rope as many times as you can after school.</p> 	<p>17</p> <p>Climb a tree or a climbing wall with a spotter for your safety.</p>
<p>18</p> <p>Spring is a great time for lacrosse.</p> 	<p>19</p> <p>Climb a big hill and then log roll down!</p>	<p>20</p> <p>Hopping and jumping = hopscotch! Use sidewalk chalk to make your own.</p>	<p>21</p> <p>Pull your friend around in a wagon.</p> 	<p>22</p> <p>Wear a super-hero cape and run around your yard.</p> 	<p>23</p> <p>Help your family weed the garden.</p>	<p>24</p> <p>Go out to a local park with your family and try canoeing or row a rowboat.</p>
<p>25</p> <p>Go fishing today! Casting is hard work!</p> 	<p>26</p> <p>Try some pushups to get strong swimming arms.</p> 	<p>27</p> <p>Try a lesson in a new activity this month.</p> 	<p>28</p> <p>Play volleyball outside with your friends.</p> 	<p>29</p> <p>Do some long rope jumping with your friends.</p> 	<p>30</p> <p>Practice your swimming strokes outside of the water.</p> 	<p>31</p> <p>Washing the car is great exercise!</p> 
<p>Duplicated with permission from the National Association for Sport and Physical Education (NASPE). To assess whether your child is receiving a quality physical education program, visit <a href="http://www.naspeinfo.org/observePE">www.naspeinfo.org/observePE</a> for an observation assessment tool.</p>						