

## Laurentian Trip Information 2016-2017

November 2016

Dear 7th Grade Parent/Guardian:

Your child is scheduled to attend the trip to Laurentian Environmental Center in **March 2017**.

All registration forms need to be completed and returned to the front office **by Monday, February 20th, 2017**. Early, “choose your trip” registration forms need to be turned in by **Wednesday, December 21st, 2016**. **These forms are also available on our Edgewood website under “parent resources”**

Please take the time to review the details with your child and mark your calendars with times and dates.

Attached to this informational letter, you will find a packing list. It cannot be stressed enough that proper clothing (especially warm headwear, gloves and waterproof footwear) is essential to the enjoyment of the Laurentian experience. Students will be outdoors for the majority of each day at LEC. Fall weather can quickly create unpredictable conditions. Please look over the packing list carefully and begin to assess your needs now.

Please be mindful about medications and that the medication authorization form **must be signed by a licensed health care provider**. **Also, all prescription medications should be submitted to the health office on, or before, February 20th.**

*Please complete & return your forms/payment by  
Monday, February 20th, 2017*

**Payment (\$75):**

This can be paid in full with registration forms by Monday, February 20th, 2017. Early “choose your trip” registration forms do not have to be paid until this deadline.

**Payments may be made online through Feepay (Synergy)** or by check made to Edgewood Middle School. Partial payments can be made at anytime, but complete payment is required for registration.

We are looking forward to a wonderful trip!

Sincerely,

Jason Hollett  
Nathan Johnson  
Julie Hartinger  
*Trip Coordinators*

## Laurentian Trip 2016-2017

**Program Description:** The “Laurentian Journey” is a program that focuses on skills development in leadership, team-building, interpersonal communication and problem-solving—using nature as the backdrop for learning. Reflection time and journaling are integral parts of the experience. Participants use orienteering, survival techniques, teamwork and group decision-making to complete their “Journey.”

**Daily Schedule:** Breakfast is served at 8:00 a.m. daily. Following breakfast, students work in groups of 14-15 kids led by a LEC naturalist until about 11:30. Lunch is served at noon.

After lunch, students return to their groups and do activities from 1:00 to 4:00 each day. Dinner is served at 5:00, followed by an evening programming. “Lights Out” in all cabins at 10pm each night. All activities are supervised and at no time are boys allowed in the girls’ cabins or vice versa.

There are some breaks from the routine. For example, one afternoon, students can sign up for a variety of optional activities such as fishing, sauna, Lacrosse, hikes, board games and Frisbee golf. Other activities may be offered based on interest. Another break in the routine is the trek. Groups spend the afternoon and evening hiking and navigating to their destination using topographic maps and compasses. Dinner is cooked over an open fire. The length of the trek depends on their ability to work together and accomplish tasks.

**Additional student responsibilities:** Students are each assigned one meal duty for which they setup and cleanup the dining hall. Following dinner on the final day, students are responsible for cabin cleanup which is supervised by their cabin chaperones. All bathrooms, floors and bunks must be cleaned and approved by a naturalist before students are allowed to eat lunch.

**Cabins:** The cabins are clean and comfortable. Student cabins are separated by gender and are on separate parts of the LEC grounds. Bunk beds with foam mats make for a comfortable nights’ sleep. Students will be able to request one other person with whom they’d like to be in a cabin. Only if both students select each other are they guaranteed to be together. Most cabins sleep 30-40 students, so kids are likely to have several friends in their cabin.

### **Trip Itinerary**

Trip 1	Trip 2
<p><b><u>Monday, March 6th, 2017 -</u></b>  <b><u>Wednesday, March 8th, 2017</u></b>  <b>Leave</b> Monday Morning at 7:00 a.m. from EW  <b>Return</b> Wednesday Afternoon @ approx 4:00 p.m.                      *Students must be picked up from EW</p> <p>Then attend school on Thursday, March 9th and Friday, March 10th</p>	<p><b><u>Wednesday, March 8th, 2017 -</u></b>  <b><u>Friday, March 10th, 2017</u></b>  <b>Leave</b> Wednesday Morning at 7:00 a.m. from EW  <b>Return</b> Friday Afternoon @ approx 4:00 p.m.                      Students must be picked up from EW</p> <p>Attend school on Monday, March 6th and Tuesday, March 7th</p>

### LEC Contact Information

Laurentian Environmental Center  
 8950 Peppard Rd.  
 Britt, Mn 55710  
 1-888-749-1288  
[lec@northlc.com](mailto:lec@northlc.com)