

Highview/Edgewood

Middle School



**Practices: April 4 - May 18
Mondays and Wednesdays
5:30-7pm @ Pike Lake**

**League games on
Sundays 12:30-4:30pm;
April 24, May 1, 8, & 15**

Registration is open:

minnesotaultimate.org/e/2022-middle-school-spring-league

Ultimate frisbee is a spirited and incredibly fun non-contact sport.

Come join us - no experience necessary! Great emphasis is placed on sportsmanship and the basic joy of play.

This team is geared toward students who will attend Irondale High School, but any student in grades 5-8 is welcome - players will have the opportunity to meet with current Irondale ultimate players during the season.

**If you have questions or want more information, please email
Coaches Ann & John Fieberg at
irondale.ms.ultimate@gmail.com**