

# **GUIDELINES FOR MIDDLE SCHOOL PARTICIPATION IN HIGH SCHOOL ATHLETICS**

In limited circumstances, middle school students will be allowed to try out for, and compete in, high school athletic programs. Middle School students will be eligible to try out for high school athletic sports if the following conditions are present:

1. The student must be in 7<sup>th</sup> or 8<sup>th</sup> grade.
2. The student must be achieving appropriate academic progress, adhering to school rules, and have regular attendance.
3. The student must be physically and emotionally capable of handling high school competition. Permission must be obtained from the parents, coach, activities director, and middle school principal.
4. No students in grades 9 – 12 may be cut in order to provide an opportunity for middle school participation.
5. A middle school student may not compete at the varsity level if there is a high school student who has signed up to participate who, based on the judgment of the head coach, is capable of occupying that roster spot.
6. Responsibility for integrating the student into the team should be shared between the coaches, activities director, student and parents.

The number of eligible middle school students who participate on high school athletic teams will be determined by tryouts and coaches decision.

**CONSENT FORM**

I understand and accept the "Guidelines" as stated above.

Student Name (Printed) \_\_\_\_\_ Grade \_\_\_\_\_

School (Currently Attending): Edgewood Middle School Highview Middle School Other  
**If "Other" a meeting with the Activities Director is required before you continue.**

School that you will attend for 9<sup>th</sup> grade: \_\_\_\_\_

I currently live in the attendance area for: Irondale High School Mounds View High School  
Other, if checked a meeting with the Activities Director is required.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

MS Principal \_\_\_\_\_ Date \_\_\_\_\_

HS Coach Signature \_\_\_\_\_ Date \_\_\_\_\_

HS Athletic Director \_\_\_\_\_ Date \_\_\_\_\_

**The 1<sup>st</sup> three signatures are required before submitting to the high school activities office.**

- Early release from school is limited to days in which they are participating in a game or competition. It is the responsibility of the parent/guardian to provide the middle school office with a note excusing their child to participate in a game or competition. No middle school student shall get out of school early for practice.
- Middle school athletes/parents are responsible for arranging their own transportation to the high school. Carpooling is not arranged by the high school.