

B	I	N
	Complete exercises	
	walk up/down stairs 5 times	
Listen or read a book	hop on one foot 10 times	Make a snowman
storylineonline.net	10 squats, 10 sit ups	
	10 jumping jacks	
	plank 30 seconds	
Organize your room	Help in the kitchen	Sort or count
		coins / money
Make a snowflake	Draw a picture	FREE SPACE
E-mail your teacher	Vacuum or Sweep	On-line learning activity
		ABCya.com
		prodigygame.com
Play a game	Fold laundry	Eat a fruit or vegetable

G	O
Do something outside (if weather appropriate)	Journal
Make a winter card	List a greatness for everyone in your family
Call a friend	Do a craft
Sing a song	Wii Dance (youtube) or Brain Gym
Watch weather kare11.com/weather	Watch CNN10 cnn.com/cnn10