

Flexible Learning Days

Insert district messaging about flexible learning days here.

Wellness	College/Career Readiness
<p>Spend time doing any combination of the following activities for your personal well-being:</p> <ul style="list-style-type: none"> ● “Quote of the Day” <ul style="list-style-type: none"> ○ Find a quote that represents your current mood or exemplifies a goal that you aspire to achieve. Write about ● “Thank You Note” <ul style="list-style-type: none"> ○ Write a thank you note to someone who has had an impact on you recently. ● Read a Book ● Create a gratitude journal. Then going forward, write down 1-3 people for whom you are thankful each day ● Do some creative free-writing <ul style="list-style-type: none"> ○ “The Magic of Freewriting” ○ Writing Prompts ● Self-Reflect using a personality test <ul style="list-style-type: none"> ○ 16 Personalities 	<p>Spend time doing any combination of the following activities for college/career readiness:</p> <ul style="list-style-type: none"> ● Explore Naviance <ul style="list-style-type: none"> ○ Naviance Resources ● Make a list of qualities you are looking for in a college <ul style="list-style-type: none"> ○ “Academics Aside: 10 Factors to Consider in Choosing a College” ○ “15 Things to Consider When Choosing a College” ● Resume Building <ul style="list-style-type: none"> ○ “High School Resume: A Step-by-Step Guide” ● Career Exploration <ul style="list-style-type: none"> ○ CareerOneStop.org ○ BLS.gov ● Interview a parent, neighbor, or friend about the life choices they have made. Example questions: <ul style="list-style-type: none"> ○ What would you do again? What would you do differently? ○ How did you decide what you wanted to do? ○ What did you learn from your successes? Failures?
Service	School Work
<ul style="list-style-type: none"> ● Service Project <ul style="list-style-type: none"> ○ Service Ideas ● Random Act of Kindness <ul style="list-style-type: none"> ○ Help a neighbor with a chore like shoveling a driveway ○ Kindness Ideas ● Volunteer with a non-profit, church, or community organization <ul style="list-style-type: none"> ○ Non-Profit Finder 	<ul style="list-style-type: none"> ● Get caught up on homework ● Study for an upcoming test ● Work on an upcoming project ● Check your grades ● Prioritize work ● Communicate with teachers

Electronic Version: tinyurl.com/621flexiblelearning