

## ***25 Ways to Reward and Encourage Children Without Food***

It can be tough to come up with ideas to reward positive behavior in the classroom. Pizza parties, cupcakes, and candies are safe stand-bys that evoke an immediate and positive response from students. The following 25 suggestions provide ideas for non-food options.

1. Have a Dance-Dance Revolution
2. Offer a “get out of homework” pass
3. Have extra art time
4. Hold class outdoors
5. Watch a movie
6. Have extra music and reading time
7. Play a computer game
8. Play a favorite game or puzzle
9. Earn play money for privileges
10. Make deliveries to the office
11. Read to a younger class
12. Be a helper in another classroom
13. Get a “free choice” at the end of the day
14. Listen with a headset to a book on tape
15. Have teacher perform a special skill (sing, tell jokes, dance for the class)
16. Have a chat break at the end of class
17. Take a walk break
18. Show-and-tell
19. Take care of the class pet
20. Get extra recess time
21. Win stickers, pencils, sports cards
22. Earn a certificate, plaque or ribbon
23. Receive a video store or movie coupon
24. Choose a paper-back book
25. Have Friday Free Time - Students have 30 minutes at the start of the week and they can earn or lose free time according to their behavior. Adding time is the most effective!