

Student Volunteer Opportunities

Who: High School Students

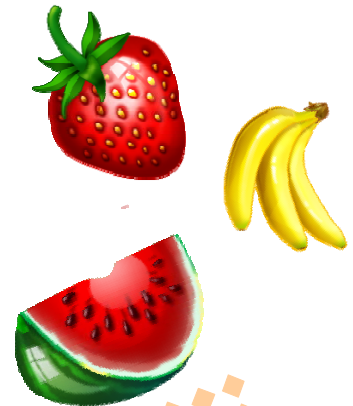
- Who believe school environments should support good health & nutrition
- Who want to serve as a role model for younger students
- Who want to support important life skills
- Who believe kids can make a difference

Why: Volunteer

- To explore career directions
- To complete educational assignments
- To gain leadership experience
- To gain a sense of purpose

Where: YMCA School Age Care (before school, after school & summer-varies by site)

- Bel Air Elementary School—New Brighton
- Island Lake Elementary School—Shoreview
- Pinewood Elementary School—Mounds View
- Pike Lake Education Center—New Brighton
- Sunnyside Elementary School—New Brighton
- Turtle Lake Elementary School—Shoreview
- Valentine Hills Elementary School—Arden Hills



What: Examples such as...

- Serving healthy snacks to kids for a couple of weeks at a YMCA school site and share personal reflections on how healthy eating impacts your daily activities
- Leading organized games and sharing personal reflections on the importance of physical activity
- Mentoring healthy habits for healthy kids

How: Take Action

- Talk with staff in student services
- Stop in to see your Dean
- Find more information on the district web site at www.moundsviewschools.org/AboutTheDistrict/Wellness/What'sHappening/
- Complete the Student Volunteer Form and return to your teacher/advisor or Jason Hedrix in Community Education

