

Student Name \_\_\_\_\_ Birth Date \_\_\_\_\_ School Year: \_\_\_\_\_

**ALLERGY TO:** \_\_\_\_\_

**STUDENT HAS ASTHMA** (\*Higher risk for severe reaction)      yes \_\_\_\_\_      no \_\_\_\_\_

**MEDICATION:**

**Epinephrine**

- Medication name \_\_\_\_\_
- Dose \_\_\_\_\_      Route \_\_\_\_\_
- Special instructions \_\_\_\_\_
- **CALL 911 if epinephrine administered**

**Antihistamine**

- Medication name \_\_\_\_\_
- Dose \_\_\_\_\_      Route \_\_\_\_\_
- Special instructions \_\_\_\_\_

**Inhaler**

- Medication name \_\_\_\_\_
- Dose \_\_\_\_\_      Route \_\_\_\_\_
- Special instructions \_\_\_\_\_

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

**Symptoms:** (\*\*Potentially life-threatening; severity of symptoms can quickly change)

**(To be determined by health care provider authorizing treatment)      Give Checked Medication:**

If a food allergen has been ingested, but <i>no symptoms</i> :	Epinephrine	Antihistamine
<b>Mouth:</b> Itching, tingling, or swelling of lips, tongue, mouth	Epinephrine	Antihistamine
<b>Skin:</b> Hives, itchy rash, swelling of the face or extremities	Epinephrine	Antihistamine
<b>Gut:</b> Nausea, abdominal cramps, vomiting, diarrhea	Epinephrine	Antihistamine
<b>Throat:**</b> Tightening of throat, hoarseness, hacking cough	Epinephrine	Antihistamine
<b>Lung:**</b> Shortness of breath, repetitive coughing, wheezing	Epinephrine	Antihistamine
<b>Heart:**</b> Thready pulse, faint, pale, bluish skin	Epinephrine	Antihistamine
<b>Other**</b>	Epinephrine	Antihistamine
If reaction is progressing (several of the above areas affected)	Epinephrine	Antihistamine

\_\_\_\_\_ Student is knowledgeable about use of medication and can safely carry to self-administer with staff support following evaluation by the licensed school nurse.

\_\_\_\_\_  
Licensed Health Care Provider (name)      (signature)      Date

\_\_\_\_\_  
Clinic      Phone #      Fax #

I authorize the Licensed School Nurse to consult with my child's Licensed Health Care Provider regarding my child's allergy/asthma conditions to clarify medication orders/treatment plans to provide safe care.

\_\_\_\_\_  
Parent/guardian name      Parent/guardian signature      Date