



**Severe/Life Threatening Allergy Information Form  
To be completed by parent/guardian**

Please complete this form and return to the Licensed School Nurse \_\_\_\_\_ Phone# \_\_\_\_\_  
The following information is helpful in planning for the safety of your child at school.

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

Information provided by \_\_\_\_\_  
Name Relationship Date

**PLEASE NOTE PARENT/OTHER EMERGENCY CONTACT #'S IN PREFERRED CONTACT ORDER:**

NAME	RELATIONSHIP	PHONE #	H	W	C

Licensed Health Care Provider \_\_\_\_\_ Clinic \_\_\_\_\_  
Phone # \_\_\_\_\_ Fax # \_\_\_\_\_ Hospital Preference \_\_\_\_\_

**Has your child been diagnosed with allergies/anaphylactic reaction by a health care provider?**  YES  NO

Health Care Provider making diagnosis \_\_\_\_\_ Date \_\_\_\_\_

Does your child have asthma?  YES  NO If yes, please list all current asthma medications in box on next page.

Please ✓ what usually triggers (starts) your child's allergy attack/episode:

- peanuts  tree nuts  insect stings (kind: \_\_\_\_\_)
- seafood  eggs  animal (list: \_\_\_\_\_)
- latex  soy  medications (list: \_\_\_\_\_)
- fish  dairy products (list: \_\_\_\_\_)
- other: \_\_\_\_\_

Please ✓ what your child does to prevent or avoid an allergic reaction:

- knows what to avoid (list: \_\_\_\_\_)
- tells other people about his/her allergies
- tells an adult **immediately** if exposed to an allergen (e.g. stung by a bee, ate a peanut, latex exposure etc.)
- wears a medical alert bracelet or necklace
- asks about ingredients in food, if unsure about contents
- firmly refuses food that might contain a problem food
- avoids contact with animals
- other: \_\_\_\_\_

Student Name \_\_\_\_\_

Birth Date \_\_\_\_\_

How soon after contact does your child react? (minutes/hours/days) \_\_\_\_\_

How often has your child been treated for an allergic reaction by a health care provider? \_\_\_\_\_

When was the last time that your child was treated for an allergic reaction? \_\_\_\_\_

What are the early-warning signs (physical and/or emotional changes) that indicate your child is starting to have an allergic reaction? \_\_\_\_\_

Does she/he recognize these signs/symptoms?  YES  NO

**Skin** Hives, itching, rash, flushing, swelling of face or extremities

**Mouth** Itching, swelling of lips, tongue, or mouth

**Throat** \*Itching, sense of tightness in throat, hoarseness, hacking cough

**Lung** \*Shortness of breath, repetitive coughing, wheezing

**Heart** \* "Thready" pulse, "passing out"

**Gut** Nausea, abdominal cramps, vomiting, diarrhea

**Other** \_\_\_\_\_

Please circle or underline the specific symptoms of allergic reaction listed on the left experienced by your child in the past.

\* Potentially life-threatening symptoms  
**All Symptoms can become life threatening**

Does your child know how to avoid causes of allergic reactions?  YES  NO

Please list all medications prescribed by a licensed health care provider to treat your child's allergies and asthma: (e.g. Benadryl, EpiPen, Flovent, Singulair, Albuterol)

MEDICATION NAME	BY (mouth or shot)	DOSE	TIMES PER DAY	WHEN IS IT TAKEN ?

If a medication is to be given at school, a Medication Authorization Form must be completed yearly or if changes are needed. The licensed school nurse in consultation with the licensed health care provider and parent/guardian may authorize self-administration if the student is deemed capable. Medication must be in the original labeled container.

If your child has an EpiPen prescribed:

- Has she/he received training on how to self-administer?  YES  NO
- Has she/he ever self-administered?  YES, when \_\_\_\_\_  NO

An EpiPen may be given by designated persons trained by the licensed school nurse

**Please add anything else that you would like school personnel to know about your child's allergies.**

• I authorize release/sharing of information related to allergies between the school nurse and the health care provider to plan and coordinate care during school.

• This information will be shared with necessary school personnel in order to take care of your child at school.

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone Number