

NOVEMBER 2022

High School

LUNCH



Daily Milk Choices: Skim, 1% and Chocolate Skim

Fruit Choices offered daily

Additional Daily Entrée Choice: Peanut Butter and Jelly Sandwich with Cracker & Cheese Stick or Yogurt Cup

Menu subject to change due to unforeseen circumstances

This institution is an equal opportunity provider

Updated 10/27/2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Popcorn Chicken
Potato Choice
Biscuit
Corn
Fresh Carrots **1**

Burrito Bowl with
Brown Rice
OR Totchos with Soft Pretzel
Black & Pinto Beans
Fresh Tomatoes
Homemade Corn & Black Bean Salsa **2**

Pasta with Meat Sauce,
Marinara or Alfredo Sauce
Garlic Breadstick
Steamed Broccoli
Vegetable Choice **3**

No School **4**

General Tso Chicken
with Brown Rice
OR Corn Dog
Mixed Vegetables
Fresh Vegetable Choice **7**

Popcorn Chicken
Potato Choice
Biscuit
Corn
Fresh Carrots **8**

Beef Taco Meat
Doritos OR Soft-Shell Taco
Brown Rice
Refried Beans
Fresh Tomatoes **9**

Pasta with Meat Sauce,
Marinara or Alfredo Sauce
Garlic Breadstick
Steamed Broccoli
Vegetable Choice **10**

Build your own Burger
on a Fresh Bun
OR Homemade Pizza
Green Beans
Fresh Carrots
Dessert **11**

Mandarin Orange Chicken
with Brown Rice
OR Pizza Crunchers with Marinara
Mixed Vegetables
Fresh Vegetable Choices **14**

Popcorn Chicken
Potato Choice
Biscuit
Corn
Fresh Carrots **15**

Burrito Bowl with
Brown Rice
OR Totchos with Soft Pretzel
Black & Pinto Beans
Fresh Tomatoes
Homemade Corn & Black Bean Salsa **16**

Pasta with Meat Sauce,
Marinara or Alfredo Sauce
Garlic Breadstick
Steamed Broccoli
Vegetable Choice **17**

Chicken Tenders with
French Fry Choices
OR Garlic Cheese Bread
Sweet Potato Bake
Green Beans
Dessert **18**

No School **21**

No School **22**

No School **23**

No School **24**

No School **25**

French Toast Sticks
with Sausage Patty
OR Chicken and Waffles
Potato Choice
Fresh Vegetable Choices or Peas
Dessert **28**

Popcorn Chicken
Potato Choice
Biscuit
Corn
Fresh Carrots **29**

Beef Taco Meat
Doritos OR Soft-Shell
Taco
Brown Rice
Refried Beans
Fresh Tomatoes **30**

