

LUNCH MENU

Lunch Price = \$2.80

Offered Daily on Salad Bar: Lettuce Variety · Tomato · Cucumber · Carrots · Croutons · Cheese · Dressing PBJ Sandwich with cheese stick and cracker choice offered daily

1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY
CHOICE 1: Bacon Cheeseburger* with Fixngs CHOICE 2: Cheese Pizza Slice* SMART SIDES Hot Vegetable Choice Vegetarian Baked Beans Spinach Salad Celery Sticks	CHOICE 1: Taco in a Chip Bag* with Fixngs CHOICE 2: BBQ Pulled Pork & Swiss on Pretzel Roll* SMART SIDES Whole Grain Dinner Roll* Golden Corn Jicama Sticks	CHOICE 1: Teriyaki Chicken with Steamed Rice and Egg Roll CHOICE 2: Mini Corn Dogs* SMART SIDES Whole Grain Dinner Roll* Steamed Broccoli Coleslaw	CHOICE 1: Pasta w/ih Meatsauce* or Chicken Alfredo with Garlic Toast CHOICE 2: Breaded Chicken Breast Sandwich* with Fixings SMART SIDES Green Beans Caesar Salad Celery Sticks	<h1>NO SCHOOL</h1>
8 MONDAY	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY
CHOICE 1: Sloppy Joe on Bun* or Grilled Cheese Sandwich* with Fries CHOICE 2: Garlic Cheesy Bread* SMART SIDES Green Beans Spinach Salad Celery Sticks	CHOICE 1: Chicken Tenders* with Macaroni and Cheese* CHOICE 2: Beef Soft Taco* w/Rice* SMART SIDES Whole Grain Dinner Roll* Bean Choice Pepper Sticks	CHOICE 1: Build your own Turkey Sandwich * with soup CHOICE 2: Pizza Crunchers*w/Sauce SMART SIDES Whole Grain Bread Slice* Glazed Carrots Jicama Sticks DESSERT	CHOICE 1: Mini Pancakes*w/Omelet CHOICE 2: Cheese Quesadilla* SMART SIDES Whole Grain Bread Slice* Tator Tots Celery Sticks	CHOICE 1: DOMINO'S PIZZA* CHOICE 2: Whole Grain Corn Dog* with Oven Fries SMART SIDES Whole Grain Dinner Roll* Golden Corn Taco Salad
15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY
CHOICE 1: Chicken Drumstick with Mashed Potatoes and Gravy CHOICE 2: Cheese Pizza Slice* SMART SIDES Whole Grain Dinner Roll* Green Beans Broccoli Slaw	CHOICE 1: Shrimp Poppers* with Cheesy Bread Bites* CHOICE 2: Fiesta Chicken and Rice Bowl* with Fixings SMART SIDES Whole Grain Bread Slice* Bean Choice Pepper Sticks	CHOICE 1: General Tso's Chicken with Rice* and Vegetable Egg Roll CHOICE 2: Mini Corn Dogs* SMART SIDES Whole Grain Bread Slice* Steamed Broccoli Crunchy Asian Salad Sugar Snap Peas	CHOICE 1: Cinnamon French Toast Sticks (6)* with Turkey Sausage Patty CHOICE 2: Philly Beef Steak Sandwich* with Cheese SMART SIDES Tri-Tater Golden Corn Spinach Salad	<h1>NO SCHOOL</h1>
22 MONDAY	23 TUESDAY	24 WEDNESDAY	25 THURSDAY	26 FRIDAY
CHOICE 1: Popcorn Chicken with Mashed Potatoes/Gravy Warm Biscuit CHOICE 2: Garlic Cheesy Bread* SMART SIDES Green Beans Spinach Celery Sticks	CHOICE 1: Fiestada Pizza* w/Fixings CHOICE 2: Build Your Own Burger* SMART SIDES Whole Grain Bread Slice* Potato Choice Vegetarian Baked Beans Fresh Broccoli/Cauliflower	CHOICE 1: Asian Bar w/Fried Rice* CHOICE 2: Pizza Crunchers* SMART SIDES Whole Grain Bread Slice* Asian Vegetable Mix Sugar Snap Peas	CHOICE 1: Turkey and Gravy* with Mashed Potatoes CHOICE 2: Chicken Tenders* with Macaroni and Cheese* SMART SIDES Dinner Roll* Glazed Carrots Broccoli Salad	CHOICE 1: DOMINO'S PIZZA* CHOICE 2: Chilli with Baked Potato Bar SMART SIDES Whole Grain Dinner Roll* Broccoli with Cheese Sauce Jicama Sticks DESSERT
29 MONDAY	30 TUESDAY	MENU SUBJECT TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES *ASSORTED FRUIT CHOICES OFFERED DAILY *ADDITIONAL VEGETABLE CHOICES OFFERED DAILY *MILK CHOICES OFFERED DAILY * =Whole Grain Items		
CHOICE 1: Bacon Cheeseburger* with Fixngs CHOICE 2: Cheese Pizza Slice* SMART SIDES Hot Vegetable Choice Vegetarian Baked Beans Spinach Salad Celery Sticks	CHOICE 1: Taco in a Chip Bag* with Fixngs CHOICE 2: BBQ Pulled Pork & Swiss on Pretzel Roll* SMART SIDES Whole Grain Dinner Roll* Golden Corn Jicama Sticks			

This institution is an equal opportunity provider

All Breakfast meals served with Fruit, Fruit Juice and Skim or 1% Milk.
Breakfast menu subject to change due to unforeseen circumstances

BREAKFAST

Breakfast Price = \$1.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pancake and Turkey Sausage on a Stick*</p> <p>OR Cold Cereal* with a Yogurt, Muffin or Granola Bar*</p>	<p>Whole Grain French Toast* or Whole Grain Waffles*</p> <p>OR Cold Cereal* with a Yogurt, Muffin or Granola Bar*</p> <p>OR Fruit Smoothie with Nutri-Grain Bar*</p>	<p>Assorted Breakfast Sandwich*</p> <p>OR Cold Cereal* with a Yogurt, Muffin or Granola Bar*</p>	<p>Breakfast Pizza* or Whole Grain Pancakes*</p> <p>OR Cold Cereal* with a Yogurt, Muffin or Granola Bar*</p> <p>OR Fruit Smoothie with Nutri-Grain Bar*</p>	<p>Cook's Special*</p> <p>OR Cold Cereal* with a Yogurt, Muffin or Granola Bar*</p> <p>OR Fruit Smoothie with Nutri-Grain Bar*</p>

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