

1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY
<p>ENERGY ENTRÉE All Beef Hot Dog * with GF Hot Dog Bun† w/Ketchup Pkt</p> <p>SMART SIDES Romaine Lettuce Salad with GF Dressing†* Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE Taco Seasoned Chicken/beef* Tortilla Rounds 1/2 cup Brown Rice GF Salsa/Shredded Cheese*/ Sour Cream*/Shredded Lettuce</p> <p>SMART SIDES Refried/Black/Pinto Beans Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE Hamburger w/Cheese Slice* on GF Hamburger Bun† Ketchup pkt</p> <p>SMART SIDES Golden Corn Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE GF Personal Pan Pizza*</p> <p>SMART SIDES Baby Carrots Assorted Vegetable Choice</p>	<p>NO SCHOOL</p>
8 MONDAY	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY
<p>ENERGY ENTRÉE Cheese Omelet**† GF Blueberry Muffin† Trix Yogurt*</p> <p>SMART SIDES Tater Tots Baby Carrots</p>	<p>ENERGY ENTRÉE Hamburger w/Cheese Slice* with GF Hamburger Bun† Ketchup pkt</p> <p>SMART SIDES Refried/Black/Pinto Beans Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE GF Breaded Chicken Strips† (Brakebush brand) BBQ sauce/ketchup pkt GF Cheese Bread†*</p> <p>SMART SIDE GF Potato Choice Golden Corn</p>	<p>ENERGY ENTRÉE GF Personal Pan Pizza*</p> <p>SMART SIDES Cucumber Slices Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE GF Chicken Burger on GF Hamburger Bun† Ketchup/Mayo†/BBQ Pkt</p> <p>SMART SIDES Celery Sticks Assorted Vegetable Choice</p>
15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY
<p>ENERGY ENTRÉE All Beef Hot Dog * with GF Hot Dog Bun† w/Ketchup Pkt</p> <p>SMART SIDES Cucumber Slices Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE Taco Seasoned Chicken/beef* Tortilla Rounds 1/2 cup Brown Rice GF Salsa/Shredded Cheese*/ Sour Cream*/Shredded Lettuce</p> <p>SMART SIDES Refried/Black/Pinto Beans Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE Hamburger w/Cheese Slice* on GF Hamburger Bun† Ketchup pkt</p> <p>SMART SIDES Golden Corn Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE GF Personal Pan Pizza*</p> <p>SMART SIDES Fresh Broccoli Hummus or Garbanzo Beans</p>	<p>NO SCHOOL</p>
22 MONDAY	23 TUESDAY	24 WEDNESDAY	25 THURSDAY	26 FRIDAY
<p>ENERGY ENTRÉE Cheese Omelet**† GF Blueberry Muffin† Trix Yogurt*</p> <p>SMART SIDES Tater Tots Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE Hamburger w/Cheese Slice* with GF Hamburger Bun† Ketchup pkt</p> <p>SMART SIDES Assorted Vegetable Choice Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE GF Breaded Chicken Strips† (Brakebush brand) BBQ sauce/ketchup pkt GF Cheese Bread†*</p> <p>SMART SIDE GF Potato Choice Golden Corn</p>	<p>ENERGY ENTRÉE GF Personal Pan Pizza*</p> <p>SMART SIDES Fresh Broccoli Hummus or Garbanzo Beans</p>	<p>ENERGY ENTRÉE GF Chicken Burger on GF Hamburger Bun† Ketchup/Mayo†/BBQ Pkt</p> <p>SMART SIDES Celery Sticks Assorted Vegetable Choice</p>
29 MONDAY	30 TUESDAY			
<p>ENERGY ENTRÉE All Beef Hot Dog * with GF Hot Dog Bun† w/Ketchup Pkt</p> <p>SMART SIDES Romaine Lettuce Salad with GF Dressing†* Assorted Vegetable Choice</p>	<p>ENERGY ENTRÉE Taco Seasoned Chicken/beef* Tortilla Rounds 1/2 cup Brown Rice GF Salsa/Shredded Cheese*/ Sour Cream*/Shredded Lettuce</p> <p>SMART SIDES Refried/Black/Pinto Beans Assorted Vegetable Choice</p>			

BREAKFAST

All breakfasts served with Fruit, Fruit Juice, and Skim or 1% Milk. (Lactose - Free milk available)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose 2 items: GF Muffin† GF Cereal Fruit Yogurt*	Choose 2 items: GF Muffin† GF Cereal Fruit Yogurt*	Choose 2 items: GF Muffin† GF Cereal Fruit Yogurt*	Choose 2 items: GF Muffin† GF Cereal Fruit Yogurt*	Choose 2 items: GF Muffin† GF Cereal Fruit Yogurt*

This institution is an equal opportunity provider

1%, SKIM OR CHOCOLATE SKIM MILK OFFERED WITH LUNCH

LUNCH MEAL INCLUDES TWO SERVINGS OF FRUIT

*** CONTAINS DAIRY**

† CONTAINS EGGS

***** ITALIAN DRESSING IS GLUTEN, DAIRY, & EGG FREE*****

***NO SUBSTITUTIONS UNLESS PARENT SUBMITS REQUEST**

***LACTOSE-FREE ALTERNATIVE IS A TURKEY SANDWICH WITH SOY MILK.**