

Pre-Consumption Report

Plan Name: *Elementary Jan 31- Feb 4 (wk1)	From: Monday, January 31, 2022	Age (Grades) Selected:
District : Eatec System	To: Friday, February 4, 2022	

Meal Analyzed: Lunch

~||||~61`K-5th (Age 5-10)~60

Monday, January 31, 2022

Actual Covers: 100

Product	Serving	QTY	CAL	PRO	CHO	TFAT	SFAT	TRFAT	Fe	vAiu	vAre	vC	Chol	SODIUM	CA	FIB	
Pizza,domino`s Smart14in.cheese 8cut	1.00	SLC	100.00	260.00	20.00	29.00	8.00	2.50	0.01	2.13	500.00	4.80	25.00	480.00	500.00	3.00	
Hamburger on Bun	1.00	EA	100.00	310.00	19.00	31.05	13.00	4.51	0.51	1.92	1.04	0.01	45.01	460.00	200.00	3.22	
Ketchup (Dispenser)	0.50	OZ	100.00	16.68	0.01	4.17	0.01	0.01	0.00	0.07	83.38	1.00	0.00	133.41	2.55	0.01	
Pickle,Dill Slice gf (6 EA)	1.00	FO	100.00	0.00		0.01	0.01	0.01	0.01			6.29	0.01	215.04		0.01	
Cheese,* amer sliced (.5 oz) (gf)	0.50	OZ	100.00	55.69	2.53	1.01	4.56	2.53	0.01	0.00	151.88	0.00	12.15	136.69	75.94	0.01	
Lettuce, Romaine (1 Cup)	1.00	CUP	100.00	7.79	0.56	1.51	0.14	0.02	0.00	0.44	3991.36	119.14	11.00	0.00	3.67	15.12	0.96
Dressing, Ranch Lite (Disp.)	1.00	#30	100.00	47.00	0.01	7.52	2.35	0.47	0.01		0.47	1.13	0.01	300.80	18.80	0.94	
Slaw,Broccoli (1/2 C) (gf)	1.00	SV	100.00	101.72	0.64	10.67	6.67	1.11	0.01	0.34	8504.96		14.74	5.56	199.54	18.95	1.27
Bean, green cut fzn (1/2 C)	0.50	CUP	100.00	28.00	1.12	4.47	0.00		0.00	0.36	164.45		1.44	0.00	11.19	29.56	2.23
Celery,Sticks (1/2 C)	0.50	CUP	100.00	9.07	0.39	1.68	0.10	0.02	0.00	0.11	254.58	7.37	1.76	0.00	45.36	22.68	0.91
Apple, slices IW 50/2oz.	1.00	BAG	100.00	30.00		8.00	0.01	0.01	0.01				0.01	0.01		2.00	
Pear,* diced gf (1/2 cup)	0.50	CUP	100.00	29.00	0.00	7.50	0.00	0.00	0.00			1.25	0.00	1.00	4.00	1.00	
Sandwich, Sunbutter & jelly (2.8oz)	1.00	EA	100.00	310.00	9.00	33.00	15.00	2.00	0.01				0.01	310.00	20.00	5.00	
GF Burger on GF Hamburger Bun	1.00	EA	100.00	380.00	18.00	43.00	15.00	3.50	0.00	1.44	80.66	2.90	45.00	615.00	40.00	5.00	
Milk, Chocolate (8oz) lunch	1.00	CUP	100.00	110.00	8.00	19.00	0.01	0.01	0.01		750.00		5.00	180.00	250.00	0.01	
Milk, 1% (8oz) lunch	1.00	CUP	100.00	110.00	7.99	13.01	2.50	1.50	0.00	0.00	499.99		15.00	110.00	300.00		
Milk, Skim (8oz) lunch	1.00	CUP	100.00	79.99	7.99	12.01	0.00	0.00	0.00	0.00	499.99	0.00	4.99	130.00	300.00	0.00	
Breakfast, wild berry bread wg (1ea)	1.00	EA	100.00	270.00	5.00	45.00	8.00	1.50	0.00	1.00			0.00	250.00	46.00	2.00	
Bagel, Mini Strawberry cream cheese	1.00	EA	100.00	230.00	6.00	42.00	6.00	2.00	0.00	1.60			10.00	190.00	30.00	2.00	
Cereal, Assorted (1 ea) 96/1oz	1.00	EA	100.00	96.32	1.77	21.33	1.12	0.08	0.00	4.20	183.31	3.10	0.00	143.82	36.66	1.93	
Breakfast Cracker, Assorted	1.00	EA	100.00	138.00	2.25	22.95	4.35	0.68	0.08	0.38	0.23	0.00	0.01	120.75	55.52	1.65	
Cereal Bar, Assort (1 ea) 96/1.42oz	1.00	EA	100.00	150.00	2.66	30.00	3.17	0.34	0.01	1.21	67.17	0.40	0.01	104.95	217.00	2.66	
Fruit, Assort (1/2 cup) (gf)	1.00	EA	100.00	43.72	0.40	11.37	0.10	0.01	0.00	0.20	63.80	6.40	17.45	0.00	1.44	13.69	1.39
Juice, orange 100% ca fort.,gf (4oz)	1.00	EA	100.00	57.46	0.48	12.45	0.01	0.01	0.01	0.10		34.47	0.01	0.96	153.22	0.01	

Plan Name: *Elementary Jan 31- Feb 4 (wk1)	From: Monday, January 31, 2022	Age (Grades)
District : Eatec System	To: Friday, February 4, 2022	Selected:

Meal Analyzed: Lunch

Tuesday, February 1, 2022

Actual Covers: 100

Product	Serving	QTY	CAL	PRO	CHO	TFAT	SFAT	TREFFAT	Fe	vAiu	vAre	vC	Chol	SODIUM	CA	FIB
CornDog, Mini(6 ea) (4.02oz)	1.00 SV	100.00	272.16	10.40	30.24	11.88	3.71	0.00	1.43	0.50		0.01	37.14	415.93	148.55	4.46
Ketchup (Dispenser)	0.50 OZ	100.00	16.68	0.01	4.17	0.01	0.01	0.00	0.07	83.38		1.00	0.00	133.41	2.55	0.01
Bread, Roll Dinner wg(1 EA)	1.00 EA	100.00	110.00	4.00	20.00	1.00	0.01	0.01	1.08	0.50		0.01	0.01	130.00	100.00	2.00
Sandwich, Grilled Cheese (elementary)	1.00 EA	100.00	309.01	13.40	28.68	15.29	8.87	0.00	2.07	408.01		0.00	40.50	853.02	694.02	2.00
Yogurt,Rasp Rainbow (trix)(gf)	1.00 EA	100.00	80.00	4.00	15.00	0.50	0.01	0.01		500.00			5.00	65.00	100.00	0.01
Lettuce, Romaine (1 Cup)	1.00 CUP	100.00	7.79	0.56	1.51	0.14	0.02	0.00	0.44	3991.36	119.14	11.00	0.00	3.67	15.12	0.96
Dressing, Ranch Lite (Disp.)	1.00 #30	100.00	47.00	0.01	7.52	2.35	0.47	0.01		0.47		1.13	0.01	300.80	18.80	0.94
Bean, Edamame gf (1/2 C)	0.50 CUP	100.00	107.64	9.87	8.07	5.38	0.45	0.00	2.43	179.82		21.46	0.00	13.49	45.01	3.60
Broccoli, Raw (1/2 C)	0.50 CUP	100.00	16.73	1.39	3.27	0.18	0.02	0.00	0.36	306.47	75.76	43.88	0.00	16.23	23.12	1.28
Pear,Fresh (1 ea)	0.50 CUP	100.00	103.24	0.68	27.52	0.21	0.02	0.00	0.30	40.94	3.56	7.48	0.00	1.78	16.02	5.52
Peach,* diced yellow cling in x-lite (1/2cup)	0.50 CUP	100.00	52.79	0.50	13.93	0.13	0.00	0.00	0.38	338.64		3.78	0.00	5.98	5.98	1.30
Sandwich, Sunbutter & jelly (2.8oz)	1.00 EA	100.00	310.00	9.00	33.00	15.00	2.00	0.01					0.01	310.00	20.00	5.00
GF Grilled Cheese	1.00 EA	100.00	452.01	15.20	40.90	25.72	16.16	0.00	0.36	544.02		18.00	54.00	1464.04	672.02	2.00
Milk, Chocolate (8oz) lunch	1.00 CUP	100.00	110.00	8.00	19.00	0.01	0.01	0.01		750.00			5.00	180.00	250.00	0.01
Milk, 1% (8oz) lunch	1.00 CUP	100.00	110.00	7.99	13.01	2.50	1.50	0.00	0.00	499.99			15.00	110.00	300.00	
Milk, Skim (8oz) lunch	1.00 CUP	100.00	79.99	7.99	12.01	0.00	0.00	0.00	0.00	499.99		0.00	4.99	130.00	300.00	0.00
Yogurt, vanilla (4oz)	4.00 OZ	100.00	99.47	3.48	19.89	0.75	0.50	0.00		497.37		0.00	2.49	51.73	99.47	
Blueberry,Froz Unsw.(1/2 C)	0.50 CUP	100.00	40.04	0.01	10.01	0.01	0.01	0.01					0.01	2.00		3.00
Strawberry,* sliced (1/2 C)	3.00 OZ	100.00	66.34	0.44	17.86	0.12	0.01	0.00	0.40	22.96		33.59	0.00	0.85	9.36	1.62
Granola cereal (1/4cup)	2.00 OZ	100.00	231.95	5.15	43.81	3.87	0.00	0.00	1.45			0.00	0.00	64.43	5.15	2.58
Cereal, Assorted (1 ea) 96/1oz	1.00 EA	100.00	96.32	1.77	21.33	1.12	0.08	0.00	4.20	183.31		3.10	0.00	143.82	36.66	1.93
Breakfast Cracker, Assorted	1.00 EA	100.00	138.00	2.25	22.95	4.35	0.68	0.08	0.38	0.23		0.00	0.01	120.75	55.52	1.65
Cereal Bar, Assort (1 ea) 96/1.42oz	1.00 EA	100.00	150.00	2.66	30.00	3.17	0.34	0.01	1.21	67.17		0.40	0.01	104.95	217.00	2.66
Fruit, Assort (1/2 cup) (gf)	1.00 EA	100.00	43.72	0.40	11.37	0.10	0.01	0.00	0.20	63.80	6.40	17.45	0.00	1.44	13.69	1.39
Juice, orange 100% ca fort..gf (4oz)	1.00 EA	100.00	57.46	0.48	12.45	0.01	0.01	0.01	0.10			34.47	0.01	0.96	153.22	0.01
Juice, apple 100% 96/4oz (gf)	1.00 EA	100.00	59.79	1.00	13.95	0.01	0.01	0.01	0.50	49.82		59.79	0.01	7.97	159.44	0.01
Milk, Breakfast - Skim OR 1% (8oz)	1.00 CUP	100.00	95.00	7.99	12.51	1.25	0.75	0.00	0.00	499.99			10.00	120.00	300.00	0.00

Plan Name: *Elementary Jan 31- Feb 4 (wk1)	From: Monday, January 31, 2022	Age (Grades)
District : Eatec System	To: Friday, February 4, 2022	Selected:

Meal Analyzed: Lunch

Wednesday, February 2, 2022

Actual Covers: 100

Product	Serving	QTY	CAL	PRO	CHO	TFAT	SFAT	TREFFAT	Fe	vAiu	vAre	vC	Chol	SODIUM	CA	FIB	
Pizza,Crunchers Cheese (4 ea)	1.00	SV	100.00	399.60	19.98	39.96	17.98	7.99	0.01	1.76	490.08	2.35	29.97	799.20	441.07	4.00	
Sauce, Spaghetti (1/4 C)	2.00	OZ	100.00	33.07	0.50	6.14	0.71	0.24	0.00		150.53	25.97	0.00	226.80	10.04	1.42	
Chicken, chunks (elem- 4each)	4.00	EA	100.00	0.00			0.00		0.00				0.00				
Chicken, Popcorn (Level 8 oz)	15.00	EA	100.00	392.70	25.20	28.35	20.47	3.15	0.01	1.69	0.53	0.01	28.35	1228.50	0.10	3.15	
Ketchup (Dispenser)	0.50	OZ	100.00	16.68	0.01	4.17	0.01	0.01	0.00	0.07	83.38	1.00	0.00	133.41	2.55	0.01	
Sauce,BBQ (Dispenser)	0.50	OZ	100.00	15.01		5.00	0.00		0.00		83.38	1.50	0.00	120.90			
Biscuit, heat & serve (1 ea)	1.00	EA	100.00	200.00	3.00	26.00	10.00	6.00	0.01		0.50	0.01	0.01	640.00	40.00	1.00	
Jelly, grape 200/.5oz (gf)	1.00	EA	100.00	35.00	0.01	9.00	0.01	0.01	0.01		0.50	0.28	0.01	5.00	0.10	0.01	
Lettuce, Romaine (1 Cup)	1.00	CUP	100.00	7.79	0.56	1.51	0.14	0.02	0.00	0.44	3991.36	119.14	11.00	0.00	3.67	15.12	0.96
Dressing, Ranch Lite (Disp.)	1.00	#30	100.00	47.00	0.01	7.52	2.35	0.47	0.01		0.47	1.13	0.01	300.80	18.80	0.94	
Salad, Caesar(1Cup)	1.00	CUP	100.00	144.37	5.28	16.65	7.31	1.29	0.00	1.20	404.71	10.88	1.00	6.89	473.78	61.91	0.19
Cucumber,Sliced(1/2 C)	0.50	CUP	100.00	12.08		1.06	0.01	0.01	0.01				0.01	1.01		0.35	
Grapes,Green Fresh (1/2 C)	0.50	CUP	100.00	53.34	0.50	13.65	0.28	0.09	0.00	0.23	79.61	7.96	3.18	0.00	1.59	11.14	0.72
Applesauce,*(gf) (1/2 C)	0.50	CUP	100.00	50.80		13.94	0.00		0.00			3.65	0.00	1.99		1.00	
Sandwich, Sunbutter & jelly (2.8oz)	1.00	EA	100.00	310.00	9.00	33.00	15.00	2.00	0.01				0.01	310.00	20.00	5.00	
GF Pizza, cheese (7oz)	1.00	EA	100.00	450.00	16.00	62.00	16.00	8.00	0.00	1.08	300.00		35.00	860.00	300.00	2.00	
Milk, Chocolate (8oz) lunch	1.00	CUP	100.00	110.00	8.00	19.00	0.01	0.01	0.01		750.00		5.00	180.00	250.00	0.01	
Milk, 1% (8oz) lunch	1.00	CUP	100.00	110.00	7.99	13.01	2.50	1.50	0.00	0.00	499.99		15.00	110.00	300.00		
Milk, Skim (8oz) lunch	1.00	CUP	100.00	79.99	7.99	12.01	0.00	0.00	0.00	0.00	499.99	0.00	4.99	130.00	300.00	0.00	
Pancake,mini maple(1 ea) 72/2.82oz	1.00	EA	100.00	210.00	4.00	38.00	6.00	1.00	0.01	0.72		0.01	0.01	270.00	40.00	2.00	
Pancake, eggo mini blueberry (1 bg)	1.00	EA	100.00	210.00	4.00	35.00	6.00	1.00	0.00	2.90	500.00		10.00	310.00	60.00	4.00	
Cereal, Assorted (1 ea) 96/1oz	1.00	EA	100.00	96.32	1.77	21.33	1.12	0.08	0.00	4.20	183.31	3.10	0.00	143.82	36.66	1.93	
Breakfast Cracker, Assorted	1.00	EA	100.00	138.00	2.25	22.95	4.35	0.68	0.08	0.38	0.23	0.00	0.01	120.75	55.52	1.65	
Cereal Bar, Assort (1 ea) 96/1.42oz	1.00	EA	100.00	150.00	2.66	30.00	3.17	0.34	0.01	1.21	67.17	0.40	0.01	104.95	217.00	2.66	
Fruit, Assort (1/2 cup) (gf)	1.00	EA	100.00	43.72	0.40	11.37	0.10	0.01	0.00	0.20	63.80	6.40	17.45	0.00	1.44	13.69	1.39
Juice, orange 100% ca fort.,gf (4oz)	1.00	EA	100.00	57.46	0.48	12.45	0.01	0.01	0.01	0.10		34.47	0.01	0.96	153.22	0.01	
Juice, apple 100% 96/4oz (gf)	1.00	EA	100.00	59.79	1.00	13.95	0.01	0.01	0.01	0.50	49.82	59.79	0.01	7.97	159.44	0.01	
Milk, Breakfast - Skim OR 1% (8oz)	1.00	CUP	100.00	95.00	7.99	12.51	1.25	0.75	0.00	0.00	499.99		10.00	120.00	300.00	0.00	

Plan Name: *Elementary Jan 31- Feb 4 (wk1)	From: Monday, January 31, 2022	Age (Grades)
District : Eatec System	To: Friday, February 4, 2022	Selected:

Meal Analyzed: Lunch

Thursday, February 3, 2022

Actual Covers: 100

Product	Serving	QTY	CAL	PRO	CHO	TFAT	SFAT	TREFFAT	Fe	vAiu	vAre	vC	Chol	SODIUM	CA	FIB
Waffle, mini maple wg (1 ea) 72/2.65oz	1.00 EA	100.00	200.00	4.00	35.00	5.00	1.50	0.01		500.00		0.01	0.01	220.00	100.00	4.00
Egg,Omelet cheese (gf) (2.1oz each)	1.00 EA	100.00	110.00	8.00	1.00	8.00	3.00	0.01	0.71	374.00		0.00	195.00	210.00	84.00	0.01
Yogurt,Straw/Banana (trix)(gf)	1.00 EA	100.00	80.00	3.00	15.00	0.50	0.50	0.01		500.00			5.00	60.00	100.00	0.01
Chicken, nugget (New) 5 Ea	5.00 EA	100.00	225.00	16.25	12.50	12.50	2.50	0.01	1.44	100.00		0.01	36.00	475.00	20.00	1.25
Bread, Roll Dinner wg(1 EA)	1.00 EA	100.00	110.00	4.00	20.00	1.00	0.01	0.01	1.08	0.50		0.01	0.01	130.00	100.00	2.00
Jelly, grape 200/.5oz (gf)	1.00 EA	100.00	35.00	0.01	9.00	0.01	0.01	0.01		0.50	0.28	0.01	0.01	5.00	0.10	0.01
Ketchup (Dispenser)	0.50 OZ	100.00	16.68	0.01	4.17	0.01	0.01	0.00	0.07	83.38		1.00	0.00	133.41	2.55	0.01
Potato,French Fry kk gf (1/2 C)	0.50 CUP	100.00	202.50	2.70	28.35	8.10	1.35	0.01	0.96	0.67		0.01	0.01	324.00	0.13	1.35
Jicama, Sticks (1/2 C)	0.50 CUP	100.00	22.75	0.60	5.39	0.00	0.00	0.00	0.32			12.21	0.00	2.39	5.99	2.99
Dressing, Ranch Lite (Disp.)	1.00 #30	100.00	47.00	0.01	7.52	2.35	0.47	0.01		0.47		1.13	0.01	300.80	18.80	0.94
Lettuce, Romaine (1 Cup)	1.00 CUP	100.00	7.79	0.56	1.51	0.14	0.02	0.00	0.44	3991.36	119.14	11.00	0.00	3.67	15.12	0.96
Berry,* mixed frz cup (gf) (1 ea) 4.5oz	1.00 EA	100.00	70.00	1.00	18.00	0.01	0.01	0.01		0.50		27.00	0.01	0.01	0.10	2.00
Clementine, fresh (1 ea)	1.00 EA	100.00	35.00		8.90	0.01	0.01	0.01					0.01	0.01		1.30
Sandwich, Sunbutter & jelly (2.8oz)	1.00 EA	100.00	310.00	9.00	33.00	15.00	2.00	0.01					0.01	310.00	20.00	5.00
GF Muffin,blueberry (3oz)	1.00 EA	100.00	260.00	3.00	40.00	9.00	2.50	0.00		100.00			70.00	260.00	20.00	1.00
Milk, Chocolate (8oz) lunch	1.00 CUP	100.00	110.00	8.00	19.00	0.01	0.01	0.01		750.00			5.00	180.00	250.00	0.01
Milk, 1% (8oz) lunch	1.00 CUP	100.00	110.00	7.99	13.01	2.50	1.50	0.00	0.00	499.99			15.00	110.00	300.00	
Milk, Skim (8oz) lunch	1.00 CUP	100.00	79.99	7.99	12.01	0.00	0.00	0.00	0.00	499.99		0.00	4.99	130.00	300.00	0.00
Breakfast, mini cinnis (2.29oz each)	1.00 EA	100.00	240.00	5.00	40.00	8.00	2.00	0.00	1.44				0.00	300.00	20.00	2.00
Cereal, Assorted (1 ea) 96/1oz	1.00 EA	100.00	96.32	1.77	21.33	1.12	0.08	0.00	4.20	183.31		3.10	0.00	143.82	36.66	1.93
Breakfast Cracker, Assorted	1.00 EA	100.00	138.00	2.25	22.95	4.35	0.68	0.08	0.38	0.23		0.00	0.01	120.75	55.52	1.65
Cereal Bar, Assort (1 ea) 96/1.42oz	1.00 EA	100.00	150.00	2.66	30.00	3.17	0.34	0.01	1.21	67.17		0.40	0.01	104.95	217.00	2.66
Fruit, Assort (1/2 cup) (gf)	1.00 EA	100.00	43.72	0.40	11.37	0.10	0.01	0.00	0.20	63.80	6.40	17.45	0.00	1.44	13.69	1.39
Juice, orange 100% ca fort..gf (4oz)	1.00 EA	100.00	57.46	0.48	12.45	0.01	0.01	0.01	0.10			34.47	0.01	0.96	153.22	0.01
Juice, apple 100% 96/4oz (gf)	1.00 EA	100.00	59.79	1.00	13.95	0.01	0.01	0.01	0.50	49.82		59.79	0.01	7.97	159.44	0.01
Milk, Breakfast - Skim OR 1% (8oz)	1.00 CUP	100.00	95.00	7.99	12.51	1.25	0.75	0.00	0.00	499.99			10.00	120.00	300.00	0.00

Plan Name: *Elementary Jan 31- Feb 4 (wk1)	From: Monday, January 31, 2022	Age (Grades)
District : Eatec System	To: Friday, February 4, 2022	Selected:

Meal Analyzed: Lunch

Friday, February 4, 2022

Actual Covers: 100

Product	Serving	QTY	CAL	PRO	CHO	TFAT	SFAT	TREAT	Fe	vAiu	vAre	vC	Chol	SODIUM	CA	FIB
Sandwich, Fish Fillet	1.00 EA	100.00	360.00	18.01	45.01	11.00	1.51	0.00	1.80			1.20	19.99	439.20	199.99	4.00
Sauce, Tartar (1packet)	1.00 EA	100.00	0.00			0.00		0.00					0.00			
Taco Meat, Beef (1/3 C) (gf)	1.00 #12	100.00	122.96	13.32	0.79	8.20	4.10	0.00	1.47	9.20		0.00	56.35	138.32	0.00	
Chip, tostitos round rf ss (gf) (.875oz bag)	1.00 EA	100.00	120.00	2.00	18.00	4.50	0.50	0.01	0.36	0.50		0.01	0.01	100.00	20.00	2.00
Sauce, salsa mild chunky (gf) (1 oz)	1.00 OZ	100.00	9.45		1.89	0.00		0.00					0.00	283.50		
Sauce, Cheese (2 oz)	1.00 #16	100.00	42.93	0.48	2.86	2.86	0.95	0.00		0.24		0.57	2.39	176.49	28.62	0.00
Bean,* black,(1/2 C)	0.50 CUP	100.00	58.81	4.11	10.95	0.01	0.01	0.00	0.98	2.70	0.65		0.00	75.53	12.41	4.32
Bean, fiesta black beans gf (1/2 C)	4.50 OZ	100.00	107.95	4.91	19.63	0.98	0.01	0.01	1.77	0.49		0.01	0.01	461.23	39.25	3.93
Sour cream, lite , bulk (1 oz svg)	1.00 OZ	100.00	41.00	1.00	2.10	3.20	2.00	0.00			18.60		10.00	21.00		
Lettuce, Romaine (1 Cup)	1.00 CUP	100.00	7.79	0.56	1.51	0.14	0.02	0.00	0.44	3991.36	119.14	11.00	0.00	3.67	15.12	0.96
Tomato,Diced (1/2 C)	0.50 CUP	100.00	20.16	1.26	4.41	0.00		0.00		944.98		14.37	0.00		12.60	1.26
Carrot, Baby Slim(1/2 C)	0.50 CUP	100.00	31.36	0.57	7.38	0.12	0.02	0.00	0.80	12355.84	1344.90	2.33	0.00	69.89	28.67	2.60
Dressing, Ranch Lite (Disp.)	1.00 #30	100.00	47.00	0.01	7.52	2.35	0.47	0.01		0.47		1.13	0.01	300.80	18.80	0.94
Banana, petite (1 EA)	0.50 CUP	100.00	89.89	1.10	23.07	0.33	0.11	0.00	0.26	64.64	8.08	8.79	0.00	1.01	5.05	2.63
Pear,* diced gf (1/2 cup)	0.50 CUP	100.00	29.00	0.00	7.50	0.00	0.00	0.00				1.25	0.00	1.00	4.00	1.00
Cracker, honey bunny graham wg	1.00 EA	100.00	160.00	3.00	26.00	6.00	0.50	0.01	0.72	0.50		0.01	0.01	150.00	250.00	3.00
Sandwich, Sunbutter & jelly (2.8oz)	1.00 EA	100.00	310.00	9.00	33.00	15.00	2.00	0.01					0.01	310.00	20.00	5.00
Milk, Chocolate (8oz) lunch	1.00 CUP	100.00	110.00	8.00	19.00	0.01	0.01	0.01		750.00			5.00	180.00	250.00	0.01
Milk, 1% (8oz) lunch	1.00 CUP	100.00	110.00	7.99	13.01	2.50	1.50	0.00	0.00	499.99			15.00	110.00	300.00	
Milk, Skim (8oz) lunch	1.00 CUP	100.00	79.99	7.99	12.01	0.00	0.00	0.00	0.00	499.99		0.00	4.99	130.00	300.00	0.00
Donut, long john wg 96/2oz	1.00 EA	100.00	250.00	5.00	28.00	13.00	6.00	0.00		0.50		0.01	0.00	360.00	20.00	3.00
Pastry, cinn tst crunch (2.36oz)	1.00 EA	100.00	250.00	7.00	43.00	7.00	2.00	0.01		0.50		0.01	3.00	310.00	40.00	3.00
Frudel, Apple	1.00 EA	100.00	210.00	5.00	36.00	5.00	1.00	0.01	1.08	0.50		0.01	0.01	260.00		2.00
Cereal, Assorted (1 ea) 96/1oz	1.00 EA	100.00	96.32	1.77	21.33	1.12	0.08	0.00	4.20	183.31		3.10	0.00	143.82	36.66	1.93
Breakfast Cracker, Assorted	1.00 EA	100.00	138.00	2.25	22.95	4.35	0.68	0.08	0.38	0.23		0.00	0.01	120.75	55.52	1.65
Cereal Bar, Assort (1 ea) 96/1.42oz	1.00 EA	100.00	150.00	2.66	30.00	3.17	0.34	0.01	1.21	67.17		0.40	0.01	104.95	217.00	2.66
Fruit, Assort (1/2 cup) (gf)	1.00 EA	100.00	43.72	0.40	11.37	0.10	0.01	0.00	0.20	63.80	6.40	17.45	0.00	1.44	13.69	1.39
Juice, orange 100% ca fort.,gf (4oz)	1.00 EA	100.00	57.46	0.48	12.45	0.01	0.01	0.01	0.10			34.47	0.01	0.96	153.22	0.01