

**Kindergarten Center  
Breakfast and Lunch Menu**

- Complete your Application for Educational Benefits online at [www.moundsviewschools.org](http://www.moundsviewschools.org)



3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
<p><b>ENERGY ENTRÉE</b> Macaroni and Cheese* with Garlic Knot*</p> <p><b>SMART SIDES</b> Sweet Potato Waffle Fries Green Beans Applesauce Mixed Fruit</p> <p><b>DESSERT</b> Malt Cup</p>	<p><b>ENERGY ENTRÉE</b> Pizza Crunchers* with Marinara Sauce</p> <p><b>SMART SIDES</b> Golden Corn Lettuce Salad with Fixings Baby Carrots Banana Pears</p>	<p><b>ENERGY ENTRÉE</b> Mini Pancakes* with Cheese Omelet</p> <p><b>SMART SIDES</b> Tater Tots Baby Carrots Blueberries Fresh Strawberries</p>	<p><b>ENERGY ENTRÉE</b> Garlic Cheesy Bread* with Marinara Sauce</p> <p><b>SMART SIDES</b> Caesar Salad Baby Carrots Grapes Peaches</p>



9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
<p><b>ENERGY ENTRÉE</b> <b>TONY'S</b> Stuffed Crust Cheese Pizza Slice*</p> <p><b>SMART SIDES</b> Green Beans Spinach Salad with Fixings Baby Carrots Watermelon Cinnamon Apple Slices</p> <p><b>NEW ITEM</b></p>	<p><b>ENERGY ENTRÉE</b> Build You Own Burger* with Turkey Bacon and Cheese</p> <p><b>SMART SIDES</b> Vegetarian Baked Beans Lettuce Salad with Fixings <b>Fresh Plum</b> Pears</p> <p><b>DESSERT</b> Fruit Flavored Raisels</p> <p><b>FRUIT OF THE MONTH</b></p>	<p><b>ENERGY ENTRÉE</b> Whole Grain Mini Corn Dogs*</p> <p><b>SMART SIDES</b> Steamed Broccoli Crunchy Asian Salad Sugar Snap Peas Banana Pineapple Tidbits</p>	<p><b>ENERGY ENTRÉE</b> Whole Grain Pasta* with Meatsauce and Garlic Bread Stick*</p> <p><b>SMART SIDES</b> Lettuce Salad with Fixings Baby Carrots Kiwi Mixed Fruit Salad</p>	<p><b>ENERGY ENTRÉE</b> Chicken Tenders* with Whole Grain Dinner Roll*</p> <p><b>SMART SIDES</b> Golden Corn BLT Salad Baby Carrots Fresh Apple Peaches</p>

16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
<p><b>ENERGY ENTRÉE</b> Garlic Cheesy Bread* with Marinara Sauce</p> <p><b>SMART SIDES</b> Green Beans Spinach Salad with Fixings Baby Carrots Honeydew Melon Pears</p>	<p><b>ENERGY ENTRÉE</b> Beef Soft Taco* with Fixings</p> <p><b>SMART SIDES</b> Tater Tots Shredded Lettuce with Fixings Jicama Sticks Orange Smiles Applesauce</p>	<p><b>ENERGY ENTRÉE</b> Breaded Chicken Breast Sandwich* with Fixings</p> <p><b>SMART SIDES</b> Broccoli Slaw Baby Carrots Banana Mixed Fruit</p> <p><b>DESSERT</b> Fruit Smoothie on a Stick</p>	<p><b>ENERGY ENTRÉE</b> Cinnamon French Toast Sticks* with Trix Yogurt</p> <p><b>SMART SIDES</b> Tri - Tater Lettuce Salad with Fixings Baby Carrots Strawberries Blueberries</p>	<p><b>ENERGY ENTRÉE</b> Personal Pan Cheese Pizza*</p> <p><b>SMART SIDES</b> Golden Corn Shredded Lettuce with Fixings Diced Tomatoes Grapes Peaches</p>

Menu subject to change due to unforeseen circumstances.

# LUNCH

# SEPTEMBER 2019

23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY
<b>ENERGY ENTRÉE</b> Oven Fried Chicken Drumstick* Mashed Potatoes with Gravy Whole Grain Dinner Roll*	<b>ENERGY ENTRÉE</b> TONY'S Stuffed Crust Cheese Pizza Slice* 	<b>ENERGY ENTRÉE</b> Toasty Dog* with Oven Fries	<b>ENERGY ENTRÉE</b> Whole Grain Mini Corn Dogs* 	<b>ENERGY ENTRÉE</b> Chicken Tenders* with Garlic Bread Knot*
<b>SMART SIDES</b> Spinach Salad with Fixings Baby Carrots Watermelon Mixed Fruit	<b>SMART SIDES</b> Vegetarian Baked Beans Lettuce Salad with Fixings Baby Carrots Fresh Apple Pears	<b>SMART SIDES</b> Asian Vegetable Blend Lettuce Salad with Fixings Banana Pineapple Tidbits	<b>SMART SIDES</b> Golden Corn Lettuce Salad with Fixings Baby Carrots Fresh Pear Applesauce	<b>SMART SIDE</b> Caesar Salad Baby Carrots Grapes Cinnamon Apple Slices
		<b>DESSERT</b> Birthday Cake Graham Crackers*		

30 MONDAY
<b>ENERGY ENTRÉE</b> Garlic Cheesy Bread*  with Marinara Sauce
<b>SMART SIDES</b> Green Beans Coleslaw Baby Carrots Kiwi Peaches

**Lunch Prices:**

Lunch: \$2.55 or \$51.00 for September  
 Reduced: Free  
 Adult Meal: \$4.00

**Breakfast Prices:**




Free: For Kindergarten Center  
 Reduced: Free  
 Adults: \$2.25

**Extra Items:**

Extra Entree ..... \$2.00  
 Extra Bread ..... \$ .60  
 Extra Fruit or Vegetables..... **FREE**  
 Milk ..... \$ .50  
 Yogurt ..... \$ .60  
 10 oz. Bottled Water ..... \$ .60

**POPULAR LINKS:**

- Menus and Nutrition Analysis online at [www.nutritionservice.org/nutritionservices](http://www.nutritionservice.org/nutritionservices)
- Access your student's lunch account balance and pin number at [www.paypams.com](http://www.paypams.com) or log into your School View account and access Fee Pay.

-  = contains pork
-  = poultry
-  = vegetarian
- \* = whole grain item

- If you would like to block your student's account from purchasing extra items please contact your school cashier.

- All lunches served with with your choice of non-fat, 1% or chocolate non-fat milk
- Cheese sandwiches are available on a daily basis upon request



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- Great Pay
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Please apply online at:  
[www.moundsviewschools.org](http://www.moundsviewschools.org)

# BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cold Cereal Cracker Fruit Assorted Juice Milk	Assorted Cold Cereal Cracker Fruit Assorted Juice Milk	Assorted Cold Cereal Cracker Fruit Assorted Juice Milk	Assorted Cold Cereal Cracker Fruit Assorted Juice Milk	Assorted Cold Cereal Cracker Fruit Assorted Juice Milk