

# APRIL 2019

## ELEMENTARY LACTOSE - FREE



1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY
<p><b>ENERGY ENTRÉE</b> Hamburger on Bun (no cheese)</p> <p><b>SMART SIDES</b> Emoji Potatoes w/ Ketchup pkt Spinach Salad with Italian Dressing Baby Carrots Apple Mixed Fruit</p>	<p><b>ENERGY ENTRÉE</b> Chicken Drumstick with Dinner Roll Ketchup/ BBQ Sauce pkt.</p> <p><b>SMART SIDES</b> Lettuce Salad with Italian Dressing Fresh Broccoli and Cauliflower Orange Smiles Mixed Berry Cup</p>	<p><b>ENERGY ENTRÉE</b> Whole Grain Mini Corn Dogs Ketchup pkt.</p> <p><b>SMART SIDES</b> Refried Beans Golden Corn Banana or Fresh Melon Peaches</p>	<p><b>ENERGY ENTRÉE</b> Chicken Nuggets with Dinner Roll Ketchup/BBQ Sauce pkt.</p> <p><b>SMART SIDES</b> Steamed Carrots Celery Sticks Fresh Strawberries Applesauce</p>	<h1>NO SCHOOL</h1>

8 MONDAY	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY
<p><b>ENERGY ENTRÉE</b> BBQ Chicken Sandwich</p> <p><b>SMART SIDES</b> Green Beans Spinach Salad with Italian Dressing Apple Fresh Pear</p> <p><b>DESSERT</b> Grape Flavored Raisels</p>	<p><b>ENERGY ENTRÉE</b> Breaded Chicken Breast Sandwich</p> <p><b>SMART SIDES</b> Sweet Potato Tots w/Ketchup pkt Lettuce Salad with Italian Dressing Mixed Berry Cup Fresh Kiwi</p>	<p><b>ENERGY ENTRÉE</b> Sliced Turkey on Whole Grain Bun</p> <p><b>SMART SIDE</b> Lettuce Salad with Italian Dressing Hummus w/ Celery Sticks Cucumber slices Banana or Fresh Melon Mixed Fruit</p>	<p><b>ENERGY ENTRÉE</b> Sliced Turkey on Whole Grain Bun</p> <p><b>SMART SIDES</b> Tater Tots w/Ketchup Pkt Baby Carrots Clementine Blueberries</p>	<p><b>ENERGY ENTRÉE</b> Fiesta Chicken and Rice Bowl (no cheese or sour cream)</p> <p><b>SMART SIDES</b> Fiesta Black Beans Golden Corn Warm Cinnamon Apple Slices Fresh Strawberries</p>

15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY
<p><b>ENERGY ENTRÉE</b> Chicken Drumstick with Dinner Roll Ketchup/BBQ Sauce pkt.</p> <p><b>SMART SIDES</b> Steamed Carrots Spinach Salad with Italian Dressing Apple Mixed Fruit (no salad)</p>	<p><b>ENERGY ENTRÉE</b> BBQ Pulled Pork Sandwich on Hamburger Bun</p> <p><b>SMART SIDES</b> Vegetarian Baked Beans Golden Corn Sliced Tomatoes Fresh Kiwi Mixed Berry Cup</p>	<p><b>ENERGY ENTRÉE</b> All Beef Hot Dog on Whole Grain Bun w/ Ketchup pkt.</p> <p><b>SMART SIDES</b> Baked Potato Chips Lettuce Salad with Italian Dressing Baby Carrots Watermelon Pears</p> <p><b>DESSERT</b> Grape Flavored Raisels</p>	<p><b>ENERGY ENTRÉE</b> Whole Grain Mini Corn Dogs Ketchup pkt.</p> <p><b>SMART SIDES</b> Tri Tater w/Ketchup Pkt Baby Carrots Orange Smiles Fresh Strawberries</p>	<h1>NO SCHOOL</h1>

# LUNCH

APRIL 2019

22 MONDAY	23 TUESDAY	24 WEDNESDAY	25 THURSDAY	26 FRIDAY
<p><b>ENERGY ENTRÉE</b> Popcorn Chicken with Whole Grain Dinner Roll</p> <p><b>SMART SIDES</b> Vegetarian Baked Beans Golden Corn Apple Mixed Fruit</p>	<p><b>ENERGY ENTRÉE</b> Sliced Turkey on Whole Grain Bun</p> <p><b>SMART SIDES</b> Sweet Potato Tots w/ Ketchup pkt Lettuce Salad with Italian Dressing Clementine Mixed Berry Cup</p>	<p><b>ENERGY ENTRÉE</b> All Beef Hot Dog on Bun with Oven Fries/Ketchup pkt</p> <p><b>SMART SIDES</b> Lettuce Salad with Italian Dressing Celery Sticks Cinnamon Apple Slices Banana or Fresh Melon</p>	<p><b>ENERGY ENTRÉE</b> Chicken Burger on Bun</p> <p><b>SMART SIDES</b> Lettuce Salad with Italian Dressing Baby Carrots Fresh Pear Peaches</p> <p><b>DESSERT</b> Grape Flavored Raisels</p>	<p><b>ENERGY ENTRÉE</b> Sliced Turkey on Whole Grain Bun</p> <p><b>SMART SIDES</b> Steamed Broccoli (no cheese) Baby Carrots Fresh Strawberries Applesauce</p>

29 MONDAY	30 TUESDAY
<p><b>ENERGY ENTRÉE</b> Hamburger on Bun (no cheese)</p> <p><b>SMART SIDES</b> Steamed Carrots Spinach Salad with Italian Dressing Apples Pears</p>	<p><b>ENERGY ENTRÉE</b> Chicken Drumstick with Dinner Roll</p> <p><b>SMART SIDES</b> Green Beans Baby Carrots Orange Smiles Mixed Berry Cup</p>

*Menu subject to change due to unforeseen circumstances.*

# BREAKFAST

Breakfast includes Fruit, Fruit Juice, and Lactose Free Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Cereal Choice of: Cheerios Rice Chex Cinnamon Rice Chex</p>	<p>Cereal Choice of: Cheerios Rice Chex Cinnamon Rice Chex</p>	<p>Cereal Choice of: Cheerios Rice Chex Cinnamon Rice Chex</p>	<p>Cereal Choice of: Cheerios Rice Chex Cinnamon Rice Chex</p>	<p>Cereal Choice of: Cheerios Rice Chex Cinnamon Rice Chex</p>

This institution is an equal opportunity provider