



Committed To Quality Since 1967

PRODUCT FACT SHEET:

**Chili With Beans With Donated
Commodity Ground Beef**

All Natural Ingredients!

Description. Thick and hearty chunks of 100 percent ground beef, the highest quality kidney beans, fresh vegetables, and mild seasonings, offer an exceptional homemade-style chili.

Nutrition Facts	
Serving Size: 1 cup (227 g)	
Amount Per Serving	
Calories 230	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 680mg	28%
Total Carbohydrate 19g	6%
Dietary Fiber 6g	24%
Sugars 7g	
Protein 17g	
Vitamin A 20% • Vitamin C 25%	
Calcium 10% • Iron 6%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Sat. Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrates 4 • Protein 4	

PRODUCT HIGHLIGHTS:

- **"ALL NATURAL"** Ingredients.
- Complete Product.
- Fully Cooked. Just Heat & Serve.
- Flash-Frozen to Lock in Freshness.
- Premium Product. Consistent Quality.
- Convenient and Easy to Use.
- No Preservatives, Fillers, or MSG.
- Nutritional Excellence.
- Homemade Taste, Style and Appearance.

INGREDIENTS: Beef, Water, Kidney Beans (Cooked), Diced Tomatoes (Tomatoes, Tomato Juice), Tomato Sauce (Tomato Paste, Water), Celery, Brown Sugar, Green Peppers, Salt, Chili Powder (Chili Pepper, Spices, Salt, Garlic), Dehydrated Onions, Chili Pepper.

CN Credit. Each 8-ounce serving provides a CN Credit of 2.5 ounces equivalent meat/meat alternative and 3/8 cup vegetable.

DISTRIBUTION: Contact Jeff Millard at Hockenberg Newburgh at 952-942-9494, or John Traxler at Captain Ken's Foods at 651-298-0071.

PACK SIZES: 6 – 5 lbs. Boilable Bags.

SHELF LIFE: If frozen, one (1) year. Must keep under 0° Fahrenheit.
If refrigerated, five (5) days. Must keep under 40° Fahrenheit.

All Captain Ken's products are **JUST LIKE HOMEMADE!**
For a complete *Product List*, please contact us.

GF called 2/1 ("all chili is GF")

CAPTAIN KEN'S[®]

**CHILI
WITH BEANS**

**TAIN KEN'S CHILI WITH BEANS INGREDIENTS: BEEF, WATER, KIDNEY BEANS (COOKED),
ED TOMATOES (TOMATOES, TOMATO JUICE), TOMATO SAUCE (TOMATO PASTE, WATER),
SH CELERY, BROWN SUGAR, GREEN PEPPERS, SALT, CHILI POWDER (CHILI PEPPER,
SES, SALT, GARLIC), DEHYDRATED ONIONS, CHILI PEPPER.**

Captain Ken's Beef Chili

CHILI with Beans



050041

Captain Ken's 16 oz. container provides 17 eight oz. servings.
Each 8 oz. serving by weight of Beef Chili with Beans provides 2.50 oz.
equivalent meat/meat alternate and 3/8 cup vegetable for Child Nutrition
Meal Pattern Requirements. (Use of this logo and statement authorized by
the Food and Nutrition Service, USDA 9/00)

CN

CN

INGREDIENTS:

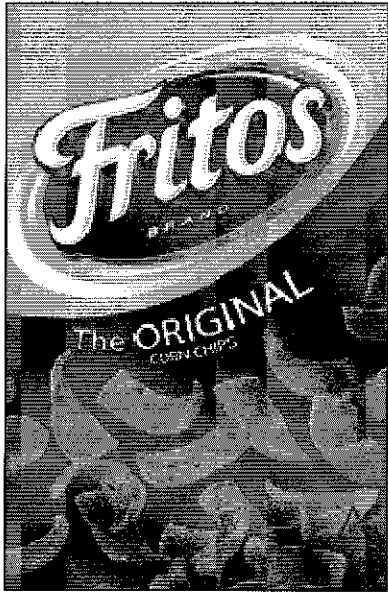
Water, Ground Beef (no more than 15% fat), Diced Tomatoes, Kidney Beans,
Tomato Paste (Not less than 28% soluble solids), Fresh Celery, Brown Sugar,
Green Peppers, Salt, Chili Powder (Chili Pepper, Cumin, Salt, Oregano, Garlic),
Dehydrated Onions, Chili Pepper.

MANUFACTURED BY: Captain Ken's Foods, Inc., St. Paul, MN 55107

KEEP FROZEN
NET WT. 17 LBS.

DIELINE

802 = 2.5
402 = 1.25
202 = 0.625
Chili with Beans



**INGREDIENTS: CORN, CORN OIL, AND SALT.
NO PRESERVATIVES.**

Nutrition Facts

Serving Size 1 oz. (28g/About 32 chips)
Servings Per Container 3

Amount Per Serving

Calories 160 **Calories from Fat 90**

% Daily Value*

Total Fat 10g	16%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars less than 1g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 2%	•	Iron 0%
Vitamin E 8%	•	Vitamin B6 2%

Phosphorus 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than:	85g	80g
Sat Fat	Less than:	20g	25g
Cholesterol	Less than:	300mg	300mg
Sodium	Less than:	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Bongards Yellow Reduced Fat Cheddar Feather Shred - 4/5#

Bongards Yellow Reduced Fat Cheddar Feather Shredded Cheese comes in 5 pound packages with 4 per case. These shreds are perfect for salads, mexican dishes and entrees.

NUTRITIONAL FACTS

28g	Serving Size
320	Servings Per Case
90	Calories per Serving
6g	Total Fat
3.5g	Saturated Fat
0g	Trans Fat
20mg	Cholesterol
180mg	Sodium
1g	Total Carbs
0g	Dietary Fiber
0g	Sugars
8g	Protein
0%	Vitamin D
15%	Calcium
0%	Iron
0%	Potassium

Ingredients: Reduced Fat Cheddar Cheese [Pasteurized Reduced Fat Milk, Salt, Cheese Cultures, Sorbic Acid (a preservative), Color Added, Enzymes], Powdered Cellulose (to prevent caking), Natamycin (a natural mold inhibitor)

Contains: Milk

PRODUCT CODE	75571-1
UPC CODE	0-71078-75571-0
GTIN	1-00-71078-75571-7
CASE DIMENSIONS	16 11/16" X 10 1/8" X 10 7/16"
CASE CUBE	1.029 CUBIC FEET
NET WEIGHT	20.00 LBS.
GROSS WEIGHT	21.75 LBS.
TIXHI	7 X 7
CASES/PALLET	49
SHELF LIFE	120 DAYS
REFRIGERATION	KEEP REFRIGERATED
STORAGE TEMP	33-40 DEGREES
CN MEAT EQUIV. (OZ)	1.00



Saputo

Dairy Foods USA

Label Information

Effective: April 2, 2009

Replaces: All Previous

Issued By: A. Shaw

Product: Cultured Sour Cream

Formula No.: 4394

Uniform Base Code: 300180

Kosher: CRC or KD

PDP Information: Grade A Cultured Sour Cream

IP Information: Perishable, Keep Refrigerated, Do Not Freeze

Production Plant: Rockford IL #17-135

Container: 1 oz Pillow Pouch

Weight Declaration: 1 oz (28 g)

Ingredients: Cultured Milk, Cream, Whey, Food Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean gum, Potassium Sorbate (A Preservative).

Contains: Milk

Nutrition Facts	
Serving Size: 1 Pouch (28 g)	
Amount Per Serving	
Calories 60	Calories from Fat 45
	% Daily Value
Total Fat 5g	8%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 20 mg	7%
Sodium 50 mg	2%
Total Carbohydrate 2g	1%
Dietary Fiber 0 g	0%
Sugars 1g	
Protein 1 g	
Vitamin A 4%	Vitamin C 0%
Calcium 4%	Iron 0%