



# Garlic Toast

Item # 10021

## INGREDIENTS:

BREAD: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF: SALT, YEAST, SOYBEAN OIL, DEXTROSE, DOUGH CONDITIONERS( DATEM, MONO AND DIGLYCERIDES, CALCIUM SULFATE, ENZYMES, ASCORBIC ACID), CORNMEAL.

SPREAD: SOYBEAN OIL, WATER, PALM OIL, DEHYDRATED GARLIC, SALT, MONO AND DI-GLYCERIDES, DEHYDRATED PARSLEY, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM PROPIONATE ADDED AS PRESERVATIVE, WHEY (A MILK INGREDIENT), AUTOLYZED YEAST EXTRACT, BETA CAROTENE ADDED FOR COLOR.

CONTAINS: MILK, WHEAT

## Nutrition Facts

Serving Size

One 1" slice (40 g)

Servings Per Container

AVERAGE 125 SLICES

### Amount Per Serving

<b>Calories</b>	160	<b>Calories from Fat</b>	80
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### % Daily Value\*

<b>Total Fat</b>	9 g	<b>14 %</b>
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Saturated Fat	2 g	<b>10 %</b>
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Trans Fat	0 g	
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<b>Cholesterol</b>	0 mg	<b>0 %</b>
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<b>Sodium</b>	280 mg	<b>12 %</b>
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<b>Total Carb.</b>	17 g	<b>6 %</b>
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Dietary Fiber	1 g	<b>4 %</b>
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Sugars	0 g	
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<b>Protein</b>	3 g	
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o Vitamin A 0 % o Vitamin C 0 % o Calcium 0 % o Iron 2 %

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Nutrient		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Fiber		25g	30g

1g Fat = 9 calories – 1g Carbohydrates = 4 calories – 1g Protein = 4 calories



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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.