

Asian Sesame Salad Ingredients:

Spinach with the attached labels for:

mandarin oranges, chow mein noodles and oriental sesame dressing

Roland.

FANCY WHOLE

Mandarin Oranges

Segments in Light Syrup

NET WT. 6 LB. 9 OZ. (3kg)

Nutrition Facts

Serving Size 1/2 cup (140g)
Servings Per Container about 21

Amount Per Serving

Calories 90 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrate 20g 7%

Dietary Fiber 1g 4%

Sugars 18g

Protein 1g

Vitamin A 6% Vitamin C 35%

Calcium 2% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	26g	29g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PEELED MANDARIN ORANGE SEGMENTS, WATER, SUGAR.

ROLAND
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FOOD CORP.
NEW YORK, NY 10010
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Nutrition Facts

Serving Size 1/2 cup (28g).
 Servings Per Container about 24

Amount Per Serving

Calories 130 Calories from Fat 50

US % Daily Value

Total Fat 5g 2.5 8%

Saturated Fat 1.5g .75 8%

Trans Fat 1.5g .75

Cholesterol 0mg 0%

Sodium 230mg 115 10%

Total Carbohydrate 19g 9.5 6%

Dietary Fiber less than 1g 4%

Sugars 0g

Protein 3g 1.5

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 6% 390

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat. Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carb. 300g 375g

Dietary Fiber 25g 30g

INGREDIENTS: ENRICHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SALT, WATER, YEAST, SUGAR.

CONTAINS: WHEAT.
 DISTRIBUTED BY:
 LA CHOY FOODS
 5 CONAGRA DRIVE
 OMAHA, NE 68102 U.S.A.

102 1/4 cup
 48 1/2 oz =
 140g

LA CHOY

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CHOW MEIN NOODLES



INSPIRED BY TRADITIONAL ASIAN CUISINE

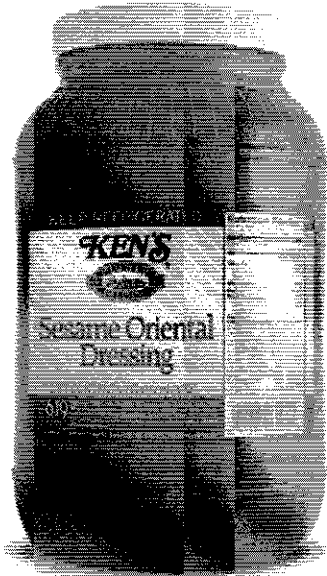


NET WT 24 OZ



Sesame Oriental Dressing

4 / 1 Gallon Case



Nutrition Facts	
Serving Size 30g	
Servings Per Container 128	
Amount Per Serving	
Calories 90	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a diet of other people's secrets.	
†Percent Daily Values are based on a diet of other people's secrets.	
depending on your concrete needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 50g
Saturated Fat	Less Than 25g 20g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	30g 30g
Dietary Fiber	25g 30g
Calories per gram:	
Fats - Carbohydrate 4 - Protein 4	

PRODUCT INFORMATION

Product Code: KE0619
 Unit Quantity: 4
 English Product Long Name: Sesame Oriental Dressing
 Shelf Life: 180 Days
 Kosher: No
 Storage Temp(F): From 38° to 45°

CASE INFORMATION

Case SCC: 10041335061912
 Case GTIN: 10041335061912
 Case Length: 12.68"
 Case Width: 12.68"
 Case Height: 10.5"
 Case Gross Weight: 40.76 lbs.
 Case Net Weight: 38.8 lbs.
 Case Volume: .977

INGREDIENTS

Sugar, Water, Soybean Oil, Soy Sauce (Water, Soybeans, Wheat, Salt), High Fructose Corn Syrup, Peach Concentrate, Modified Food Starch, Contains less than 2% of: Vinegar, Sesame Oil, Salt, Natural Flavor, Sesame Seeds, Lemon Juice Concentrate, Garlic, Caramel, Spices, Guar Gum, Paprika, Calcium Disodium EDTA to protect flavor.

