Mandarin Orange Chicken

Product Code: 8-52724-15552-4

Lings 5th Taste®

Crispy chicken, glazed with our zesty Mandarin Orange Sauce

Our products do not contain MSG, artificial coloring or flavoring, peanuts, peanut oil, or lard and are zero trans fat.

Pack size: 6 - 5 lb. Chicken • 6 - 36 oz. Sauce

Ingredients:

Chicken: Boneless, skinless chicken leg meat, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, ground ginger, garlic, green onion.

Sauce: Water, sugar, vinegar, soy sauce (soybeans, wheat flour, water, salt, straw mushroom extractives), modified starch, mandarin orange juice and peel, chili powder, garlic, ginger, green onion.

Allergens: Egg products, soy, wheat, and citrus

Made in the USA

Child Nutrition

Meat/Meat Alternate 2.88 oz. raw chicken
Yield 2 oz. cooked chicken per portion

Recommended serving size:
3.6 oz. = 2.5 oz. chicken and 1.1 oz. sauce

Approximate servings per case: 192

This 3.6 oz. serving provides 2 meat/meat alternate according to the Food Buying Guide for Child Nutrition Programs.

I certify this information is true and correct:

Lance Espelding

Vice President

Date: 01/03/14

Nutrition Facts

Serving Size 3.6 oz. (100g)
Serving Per Container 192

Amount Per Serving	
Calories 150	Calories from Fat 25
	% Daily Values*
Total Fat 3g	**5%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 40mg	**13%**
Sodium 280mg	**12%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 0g	**0%**
Sugars 10g	
Protein 11g	**22%**
Vitamin C 2% •	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Preparation

Place a single layer of chicken on baking sheet. Heat at 400° for 16-20 minutes or until golden brown, and internal temperature reaches 165°. Heat sauce in steamer, low boil in the bag, or microwave. Add sauce to chicken just prior to serving. Mix thoroughly to cover all chicken pieces.

Shelf life

1 year frozen

For further information please call, 909.593.4797

UNCLE BEN'S® WHOLE GRAIN BROWN

Nutrition Facts

Serving Size 1/4 cup dry (48g)
(About 1 cup cooked)
Servings Per Container About 10

Amount Per Serving

Calories 180 Calories from Fat 15

	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Potassium 105mg	**3%**
Total Carbohydrate 36g	**12%**
Dietary Fiber 2g	**8%**
Sugars 0g	
Protein 4g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 4%
Thiamin 10%	•	Niacin 15%
Folate 2%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE GRAIN PARBOILED BROWN RICE.

Product Code: 69026

Minh® Egg Roll, 1.5 oz. Vegetable

PRODUCT DESCRIPTION:

Our 1.5 oz. vegetable egg roll is stuffed with 7 different kinds of vegetables and then rolled in our own traditional egg roll wrapper.

- Just the right size for snacking, appetizer plates or as a value-added
- side
- Pre-cooked and available in a variety of flavors

MENU APPLICATIONS:

- Serve as a great hors d#oeuvre or side dish for an Asian-inspired meal
- Asian themed menus
- Serve with an Asian dipping sauce

PREP INSTRUCTIONS:

Cooking Method	Temp	Time	Instructions
Conventional Oven	400 °F	17 - 18 MINUTES	PREPARE FROM FROZEN STATE
Conventional Oven	400 °F	12 - 13 MINUTES	PREPARE FROM THAWED STATE
Deep Fry	350 °F	6 - 6 1/2 MINUTES	PREPARE FROM FROZEN STATE
Deep Fry	350 °F	5 - 5 1/2 MINUTES	PREPARE FROM THAWED STATE
Microwave		2 - 2 1/2 MINUTES	PREPARE FROM FROZEN STATE
Microwave		1 - 1 1/2 MINUTES	PREPARE FROM THAWED STATE

For complete cooking instructions, please see our website.

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:	
GTIN (UPC):	35367690267
SCC-14:	n/a
Gross Weight:	15 lbs.
Net Weight:	13.5 lbs.
Each Weight:	4.5 Oz(s)/serving.
Cube:	0.68
Dimensions (LxWxH):	12.625 x 10.875 x 8.563
Cases/Pallet:	96
Tie:	12
High:	8
SHELF LIFE:	300 days

NUTRITION INFORMATION:

Serving Size:	3 pieces (128 g/4.5 oz)
Eaches/Case:	144
Inner Packs/Case:	6
Servings/Case:	48
Calories:	250
Calories from Fat:	90
Total Fat:	10 g(s)
Saturated Fat:	2.5 g(s)
Trans Fat:	0 g(s)
Cholesterol:	5 mg(s)
Sodium:	650 mg(s)
Total Carbohydrate:	35 g(s)
Total Dietary Fiber:	2 g(s)
Sugars:	3 g(s)
Protein:	6 g(s)

VITAMINS & MINERALS:

	Amt/Srv	% DV
Vitamin A:	1250 IU	25%
Vitamin C:	6 mg(s)	10%
Calcium:	20 mg(s)	2%
Iron:	1.8 mg(s)	10%

* Percent Daily Values are based on 2,000 calorie diet.

ALLERGENS:

Contains Egg and Wheat.

INGREDIENTS:

FILLING: Cabbage, broccoli, carrots, water chestnuts (water chestnuts, water, citric acid), precooked long grain brown rice, celery, bamboo shoots (bamboo shoots, water), contain 1 percent or less of salt, modified food starch, onions, autolyzed yeast extract, sesame seed oil, flavor (yeast extract, salt, maltodextrin, natural and artificial flavor), garlic, sugar, spices; CRUST: Enriched bleached flour ([wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], calcium propionate [preservative]), water,

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Please visit our website for the most current information.

Minh® Egg Roll, 1.5 oz. Vegetable

enriched durum flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 2 percent or less of enriched bleached flour (wheat flour, malted barley flour, niacin [a B vitamin], iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), salt, cottonseed oil, dried whole eggs, wheat gluten. Fried in cottonseed oil.

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