Heinz® Light Mayonnaise 12 g Packet

smooth & creamy emulsion. This light mayonnaise is off-white in color with good "eggy" flavor. 2/3 less fat and 1/2 the calories of regular mayonnaise. This mayonnaise contains 40 calories and 3 grams of fat per 12g serving. Regular mayonnaise contains 80 calories and 9 grams of fat.

Variety	Package Size
78000712	Heinz® Light Mayonnaise 200 ct - 12 g Packet
78000713	Heinz® Light Mayonnaise 500 ct - 12 g Packet

Ingredients

water, corn syrup, soybean oil, distilled white vinegar, modified corn starch*, egg yolks, enzyme modified egg yolk*, salt, potassium sorbate and sodium benzoate (as preservatives)*, onion powder, mustard flour, calcium disodium edta (added to protect flavor), natural flavor. (*ingredients not in regular mayonnaise)

Allergens: Eggs, Soy

Shelf Life: 180 days

Nutrition Facts

Serving Size 12g
Servings Per Container 1

Amount Per Serving

Calories 40	Calories from Fat 25
	% Daily Value *
Total Fat 3g	5%
Saturated Fat 0g	0%
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 105mg	4%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 0g	

Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram:
Fat 9 • Carbohydrate 4 • Protein 4

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Nutrition Facts

- Serving Size
- 2 Tbsp (15GR)

- Ingredients: Water, **Soybean Oil**, **Modified Food Starch***,**Vinegar**, **Sugar**, **Maltodextrin***, **Salt**, Natural Flavor, Eggs,**Mustard Flour**, **Lactic Acid***, **Potassium Sorbate*** (to Protect Flavor), **Phosphoric Acid***, Dried Onions, Dried **Garlic**, **Calcium Disodium EDTA** (to protect flavor), **Beta Carotene*** (Color).

- Calories Cholesterol 0mg
- **1%**

- Sodium 100MG
- **4%**

- Potassium
- %

- Total Carbohydrate 13g
- **0%**

- Dietary Fiber 0G
- **0%**

- Sugars 0G

- Protein 0G

- Vitamin C **0** %
- Vitamin A**0%**

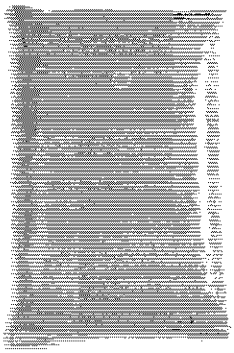
- Calcium **0** %
- Ir

-
- 35CAL

Heinz® Light Mayonnaise Dispenser Pack - 1.5 Gallon

A high-quality light version of our current Heinz® Mayonnaise. A perfect addition to any salad or sandwich.

Variety	Package Size
78004349	Heinz® Light Mayonnaise Dispenser Pack - 1.5 Gallon

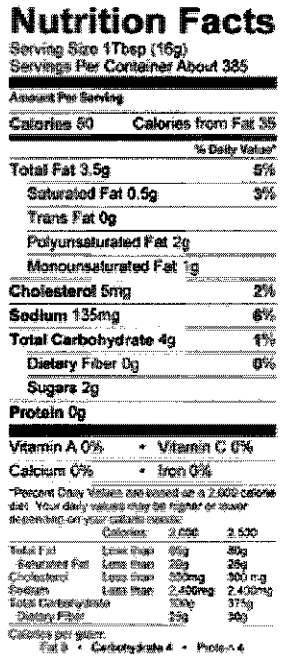


Ingredients

water, corn syrup, soybean oil, distilled white vinegar, modified corn starch*, egg yolks, enzyme modified egg yolk*, salt, potassium sorbate and sodium benzoate (as preservatives)*, onion powder, mustard flour, calcium disodium edta (added to protect flavor), natural flavor. *ingredients not in regular mayonnaise.

Allergens: Egg, Soybeans

Shelf life: 9 months



Nutrition Facts

Serving Size 1Tbsp (16g)
Servings Per Container About 385

Amount Per Serving

Calories 50 Calories from Fat 35

% Daily Value*

Total Fat 3.5g 5%
- **Saturated Fat** 0.5g 3%
- **Trans Fat** 0g
- **Polyunsaturated Fat** 2g
- **Monounsaturated Fat** 1g

Cholesterol 5mg 2%
Sodium 135mg 6%
Total Carbohydrate 4g 1%
- **Dietary Fiber** 0g 0%
- **Sugars** 2g

Protein 0g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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