



YMCA SPORTS CO-ED CLASSES AND LEAGUES

SPORTS CLASSES

The first three weeks focus heavily on skill development. The remaining weeks combine skill refinement and lightly controlled scrimmages to build understanding of teamwork and game play. Our trained YMCA staff leads each class with help from qualified volunteers.

We don't keep scores or standings for class scrimmages.

SPORTS LEAGUES

Leagues let kids take their skills to the next level and experience positive competition. Leagues meet twice a week for practice and games. The first two weeks focus on skill development practice and teamwork, while the remaining weeks feature a weekly practice and scored game with an official staff referee.

REGISTER NOW FOR SHOREVIEW

Spring Session April 4 – June 5

- Soccer League for grades 2-5
- Soccer Classes for age 3 – grade 1
- Flag Football class for grades 2-5
- T-Ball/Baseball class for ages 4 – grade 5
- Basketball Classes for ages 4 – grade 5
- Tumbling class for ages 3-5
- Dodgeball class for grades 2- 5

Classes: \$55 members, \$80 non-members

Leagues: \$75 members, \$100 non-members

Register online at ymcatwincities.org/lessonsforlife or at the Shoreview YMCA member services desk.

Sports program questions? Contact Andy Thomas, Sports Director at 651-490-4898 or Andrew.Thomas@ymcatwincities.org



FREE TRACK AND FIELD CLINIC

April 2

9 – 10 AM for Age 4 – Grade 1

10 – 11am for Grades 2+

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