

Kellogg's®

Cocoa Krispies® Chewy Granola Bar

Chocolate

Nutrition Facts

Serving Size 1 Bar (38g)

Amount Per Serving

Calories 150 **Calories from Fat** 40

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 140mg **6%**

Total Carbohydrate 27g **9%**

Dietary Fiber 3g **11%**

Sugars 10g

Protein 2g

Vitamin A 10% • Vitamin C 0%

Calcium 10% • Iron 4%

Thiamin 10% • Riboflavin 10%

Niacin 10% • Vitamin B₆ 10%

Folic Acid 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE GRAIN OATS, CORN SYRUP, RICE CEREAL (RICE, SUGAR, SALT, MALT FLAVOR, NIACINAMIDE, IRON, VITAMIN B₂ (RIBOFLAVIN), FOLIC ACID), FRUCTOSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), SUGAR, CHICORY ROOT FIBER, CONTAINS 2% OR LESS OF DEXTROSE, GLYCERIN, NATURAL AND ARTIFICIAL FLAVORS, CHOCOLATE, CALCIUM CARBONATE, SALT, COCOA (PROCESSED WITH ALKALI), SOY LECITHIN, NONFAT MILK, VITAMIN A PALMITATE, BHT (PRESERVATIVE), NIACINAMIDE, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN).

CONTAINS SOY AND MILK INGREDIENTS.