



Idahoan Foods, LLC
 357 Constitution Way
 Idaho Falls, ID 83402

TEL | 208.542.3700
 FAX | 208.542.3797
 www.idahoanfoods.com

**SPECIFICATIONS FOR IDAHOAN®
 REAL PREMIUM MASHED POTATOES**

Item #: 2970000313

Issued: January 3, 2018

Supersedes: March 11, 2016

I. PRODUCT DESCRIPTION

Idahoan® REAL Premium Mashed Potatoes are processed from sound, well peeled and trimmed 100% Idaho® Potatoes. The product complies with the provisions of the Federal Food, Drug and Cosmetic Act and Amendments.

II. INGREDIENTS

Idaho® potatoes, salt, sunflower oil, nonfat dry milk, monoglycerides, calcium stearoyl lactylate, spice, artificial color, natural and artificial flavors. Freshness preserved by sodium acid pyrophosphate, sodium bisulfite, citric acid and mixed tocopherols.

III. NUTRITION

Nutrition Facts	
32 servings per container	
Serving size	1/4 cup dry (23g)
	140g prepared
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	4%
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 0mg	0%
Potassium 244mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Idahoan Customer Care <idahoancustomer@idahoan.com>
To: Nancy Rust <nancy.rust@moundsvIEWSchools.org>

Tue, Nov 27, 2018 at 3:25 PM

Hi Nancy,

The Original Real Mash is Gluten Free.

Please feel free to contact me with further questions.

Best Regards,

Sarah Rainey

Consumer Operator Loyalty Representative



357 Constitution Way

Idaho Falls, ID, 83402

P: 208.542.3777

www.idahoan.com

From: Nancy Rust <nancy.rust@moundsvIEWSchools.org>
Sent: Tuesday, November 27, 2018 2:13 PM
To: Idahoan Customer Care <idahoancustomer@idahoan.com>
Subject: Re: Thank you for contacting Idahoan on 27/11/2018

[Quoted text hidden]

Nancy Rust <nancy.rust@moundsvIEWSchools.org>
To: idahoancustomer@idahoan.com

Wed, Nov 28, 2018 at 7:53 AM

Hi Sarah,

Thank you for the information. Would you also be able to send me a spec sheet with nutritional information and ingredients for this product? It is hard to get one off of your website and we place these on our district website.

Thank you so much for your help!

Nancy

[Quoted text hidden]

2 attachments

image001.jpg
4K

image001.jpg
4K