



**INGREDIENTS: CORN, CORN OIL, AND SALT.
NO PRESERVATIVES.**

Nutrition Facts

Serving Size 1 oz. (28g/About 32 chips)
Servings Per Container 3

Amount Per Serving

Calories 160 **Calories from Fat 90**

% Daily Value*

Total Fat 10g **16%**

Saturated Fat 1.5g **7%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 15g **5%**

Dietary Fiber 1g **4%**

Sugars less than 1g

Protein 2g

Vitamin A 0% • **Vitamin C 0%**

Calcium 2% • **Iron 0%**

Vitamin E 6% • **Vitamin B6 2%**

Phosphorus 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



Nancy Rust <nancy.rust@moundsvIEWSchools.org>

A Message from Consumer Relations - RE: Fritos® Croustilles de maïs - Saveur Traditionnelle , Reference # 065717397A

1 message

noreply@fritolay.com <noreply@fritolay.com>
To: nancy.rust@moundsvIEWSchools.org

Wed, Nov 28, 2018 at 3:42 PM

Hi Nancy,

Thank you for writing. **Fritos Original Corn Chips is gluten free.**

Since many of our chips start with corn or potatoes, they have always been made without gluten, and we are always evaluating gluten free options as we develop new products. For current products and new innovations, we analytically test our ingredients and finished products to ensure gluten levels do not exceed 20 parts per million (the level put forward in the FDA's Gluten Free Food Labeling Final Rule) before they are ever qualified to say gluten free. You can also find a "gluten free" stamp or claim on the back of many of your favorite Frito-Lay snacks.

We offer two lists of products on our website related to gluten. The snacks that are listed on our website as "Products Not Containing Gluten Ingredients" do not have wheat, rye, barley or oats in their formulas, however, they have not been tested to ensure they contain less than 20 parts per million of gluten.

There is also a section on our website for "Gluten Free Products," and these have been analytically tested as gluten free, as explained above.

Gluten is treated as an allergen in our manufacturing facilities. It may be helpful to know that we run non-seasoned chips first, and thoroughly clean the lines between seasoned runs that contain allergens and/or gluten to prevent cross contamination. We conduct a complete sanitation before the non-seasoned chips are run again.

You'll find our regularly updated lists by clicking on "Snacks, Facts & More" (from the drop-down menu at top right of our home page), then "Special Dietary Needs."

Thanks again for reaching out to us!

Best regards,

Belinda
PepsiCo Consumer Relations
Reference # 065717397A

Need snacks for your party this holiday season? Shop [Amazon.com](https://www.amazon.com) now and save 25% on select Frito-Lay products. Use discount code "25SNACKPERKS" to redeem. Offer valid through 12/31/18.

Did you know?

Through our partnership with Million Women Mentors, PepsiCo STEM employees provide role-models to encourage girls to study STEM, to work in STEM and to sustain a career in STEM. PepsiCo STEM employees have pledged more than 12,400 mentoring hours with over 600 female students and early-career professionals with the goal of connecting 2,200 mentorship pairs by 2022. For more information, please click [here](#).

Original E-mail:

Can you please tell me if your 1 oz original Fritos is gluten free and safe to serve to our celiac students.